



Garscube Harriers Summer League 2015



Final Standings October 12, 2015

Notes

- Each column in the tables below contains the combination of league and personal best points for each race. For example, someone having come first in a race, having achieved a personal best, would have earned 20 league points plus 1 personal best point for that race, a total of 21 league points. In addition, 1 participation point is awarded for each race run. The total number of points is the sum of these two and is shown for each competitor at the end the row.
- In the event that a competitor has more completed than six events, the cell in the third column from the right will be highlighted and the performance(s) with the lowest league points struck from the record.
- The window for claiming a worldwide marathon performance runs between 1st October 2014 and 30th September 2015.
- Rules and fixtures can be found at the end of this document.
- Please notify any corrections or omissions to moragcasey@gmail.com.

Women's League Standings – October 12, 2015

[illegible]

Men's League Standings – October 12, 2015

Position	Firstname	Surname	Tom Scott Memorial 10 miles	Victoria Parkrun	Dumbarton 10k	Clydebank 10k	Track 5k Champs	Kirkintilloch 10k	Charlie Kilshaw Memorial Race	Henderson Cup	Around Cumbrae	Great Scottish Run HM	Any Marathon Worldwide		Top 6 races only?	Participation Points	League Points
1	Del	Young			20	18	19	19		14	21	21			TOP 6	7	121
2	Garry	Mathew			21	2	18	17	11	16	18				TOP 6	7	108
3	Ian	Thomson	19	16			18	7	14	17	16	16			TOP 6	8	106
4	Alan	Blair						16	7	18	19	19	20			6	105
5	Robert	McLennan	21	19	15	4		11			16					6	92
6	Matthew	O'Brien			18	21	16	12	1	13						6	87
7	Alexander	Chalmers		19	16	9	15	14		6						6	85
8	Howard	Smith		20	19		20	21								4	84
9	Paul	O'Brien		11	8	17	10	5	8	12					TOP 6	7	70
10	Daniel	Burns		16	13	1	14			19						5	68
11	Nicholas	Parker			7	15			2		11	12	9			6	62
12	John	McLaughlin			7			6	5	8	13		15			6	60
13	Donald	McPartlin					17	19					19			3	58
13	Patrick	Gibbons			10	11	11	8			13					5	58
15	Kieran	McLaughlin			3	6		2	15	1	12	11			TOP 6	7	56
15	Craig	Marsden		5	18	18	9	1	1	4		11			TOP 6	8	56
17	Steven	Currie				1		13		15		17				4	50
18	John	McManus		17					11	1		16				4	49
18	Nicholas	Heaney				14		15					17			3	49
20	Simon	Sheridan				7		10	12	11						4	44
21	John	Murray		12	11	16										3	42
21	Allan	Jenkins							8	10		9	11			4	42
23	Stephen	Porteous							2	20			16			3	41
24	David	Hamill	17		1	1			1	1	5	8			TOP 6	7	40
25	Paul	Coia							17	3	7		8			4	39
25	Craig	Brown	18	10							8					3	39
27	Alexander	Chisholm		14			12	9								3	38
28	Duncan	McKellar		14	11	9										3	37
29	Paul	Cooke		9		11		3	7							4	34
30	Ross	McMillan		8	4			1					12			4	29
30	Paul	Elliot			13	14										2	29
32	Scott	McPherson										13	13			2	28
32	David	Campbell							17	9						2	28
32	Tariq	Abdullah					8		9	1			6			4	28
35	Allan	Wallace			5	19										2	26
36	Peter	Dow		7	1					7	6					4	25
37	Christopher	Devine											21			1	22
38	Neal	Robertson									20					1	21
38	Sean	McAneny							20							1	21
40	Athole	Smith							19							1	20

Position	Firstname	Surname	Tom Scott Memorial 10 miles	Victoria Parkrun	Dumbarton 10k	Clydebank 10k	Track 5k Champs	Kirkintilloch 10k	Charlie Kilshaw Memorial Race	Henderson Cup	Around Cumbernauld	Great Scottish Run HM	Any Marathon Worldwide	Top 6 races only?	Participation Points	League Points
41	Alasdair	MacMillan										18			1	19
41	Jim	McAneny							18						1	19
43	Derek	Buchanan			2				14						2	18
44	Raghibir	Singh			1	1	6					5			4	17
45	Stefan	Kuhr			2			1			10				3	16
45	David	Dickson			15										1	16
45	Roddy	Chapman											15		1	16
48	Malcolm	Shepherd									14				1	15
48	Robbie	Drummond										14			1	15
50	Iain	Peers							5				7		2	14
50	Craig	Melville										13			1	14
50	Edmund	McKillop										6	6		2	14
51	Stephen	Cullen		3			7		1						3	14
54	Norman	Baillie			4			4	2						3	13
55	Alexander	Parker				3		1	1	2					4	11
56	Frank	Krieves			1	1				5					3	10
57	David	Geddes							1	1	4				3	9
58	Mark	Cathro										7			1	8
59	Stephen	Wilson				6									1	7
59	Kenneth	Macanna		6											1	7
59	Christopher	Kilshaw			1								4		2	7
62	Dermot	Williamson		2					1						2	5
62	John	Dryden		4											1	5
64	Paul	McMahon								1					1	2
64	Rob	Baker								1					1	2

Event 1: Tom Scott Memorial 10 mile Road Race
April 5, 2015

Women's Results

Position	Firstname	Surname	Race Time	League Pts	PB?	Total
1	Laura	Devine	01:05:26	20	1	21
2	Charlotte	Wilson	01:05:46	19		19
3	Aileen	Wilson	01:14:51	18		18

Men's Results

Position	Firstname	Surname	Race Time	League Pts	PB?	Total
1	Robert	McLennan	01:00:07	20	1	21
2	Ian	Thomson	01:03:25	19		19
3	Craig	Brown	01:17:07	18		18
4	David	Hamill	01:20:03	17		17

Event 2: Victoria Parkrun

April 25, 2015

Women's Results

Position	Firstname	Surname	Race Time	League Pts	PB?	Total
1	Lesley	Chisholm	00:17:21	20		20
2	Aileen	Wilson	00:20:28	19		19
3	Kathryn	Scott	00:20:32	18		18
4	Marian	Kelly	00:21:01	17		17
5	Louise	Crilly	00:21:22	16		16
6	Alison	Condie	00:24:49	15		15
7	Jenny	Dryden	00:25:19	14	1	15
8	Amy	Cromarty	00:25:20	13	1	14
9	Shona	MacLean	00:25:24	12		12
10	Caroline	Dow	00:25:49	11	1	12
11	Carole	McLay	00:31:13	10		10

Men's Results

Position	Firstname	Surname	Race Time	League Pts	PB?	Total
1	Howard	Smith	00:16:59	20		20
2	Alexander	Chalmers	00:17:15	19		19
3	Robert	McLennan	00:17:23	18	1	19
4	John	McManus	00:17:26	17		17
5	Daniel	Burns	00:18:01	16		16
6	Ian	Thomson	00:18:30	15	1	16
7	Alexander	Chisholm	00:18:46	14		14
8	Duncan	McKellar	00:18:49	13	1	14
9	John	Murray	00:19:01	12		12
10	Paul	O'Brien	00:19:20	11		11
11	Craig	Brown	00:19:57	10		10
12	Paul	Cooke	00:20:20	9		9
13	Ross	McMillan	00:21:22	8		8
14	Peter	Dow	00:22:00	7		7
15	Kenneth	Macanna	00:22:16	6		6
16	Craig	Marsden	00:23:12	5		5
17	John	Dryden	00:24:23	4		4
18	Stephen	Cullen	00:24:30	3		3
19	Dermot	Williamson	00:29:48	2		2

Event 3: Dumbarton 10k

May 21, 2015

Women's Results

Position	Firstname	Surname	Race Time	League Pts	PB?	Total
1	Lesley	Chisholm	00:35:57	20	1	21
2	Marian	Kelly	00:42:21	19	1	20
3	Aileen	Wilson	00:42:53	18		18
4	Fiona	Maurer	00:45:55	17		17
5	Irene	Veza	00:48:27	16		16
6	Morag	Casey	00:48:52	15		15
7	Caroline	Dow	00:53:13	14		14
8	Amy	Cromarty	00:54:14	13	1	14
9	Heather	McKillop	00:55:14	12		12

Men's Results

Position	Firstname	Surname	Race Time	League Pts	PB?	Total
1	Garry	Mathew	00:33:18	20	1	21
2	Del	Young	00:33:35	19	1	20
3	Howard	Smith	00:34:24	18	1	19
4	Matthew	O'Brien	00:35:20	17	1	18
5	Alexander	Chalmers	00:35:34	16		16
6	Robert	McLennan	00:35:37	15		15
7	David	Dickson	00:36:53	14	1	15
8	Daniel	Burns	00:37:18	13		13
9	Paul	Elliot	00:37:53	12	1	13
10	John	Murray	00:37:59	11		11
11	Duncan	McKellar	00:38:19	10	1	11
12	Patrick	Gibbons	00:38:50	9	1	10
13	Paul	O'Brien	00:39:32	8		8
14	John	McLaughlin	00:39:59	7		7
15	Nicholas	Parker	00:40:00	6	1	7
16	Allan	Wallace	00:40:58	5		5
17	Norman	Baillie	00:40:59	4		4
18	Ross	McMillan	00:41:21	3	1	4
19	Kieran	McLaughlin	00:41:28	2	1	3
20	Stefan	Kuhr	00:43:29	1	1	2
21	Craig	Marsden	00:44:47	1		1
22	Christopher	Kilshaw	00:45:43	1		1
23	Peter	Dow	00:46:16	1		1
24	David	Hamill	00:47:36	1		1
25	Frank	Krieves	00:48:50	1		1
26	Derek	Buchanan	00:56:20	1	1	2
27	Raghbir	Singh	01:03:15	1		1

Event 4: Clydebank 10k (Handicapped)

May 28, 2015

Women's Results

Position	Firstname	Surname	Race Time	Handicap	Handicapped Time	League Pts	PB?	Total
1	Alison	Condie	00:49:36	00:21:55	00:27:41	20	1	21
2	Aileen	Wilson	00:41:33	00:09:39	00:31:54	19	1	20
3	Carole	McLay	01:03:03	00:29:52	00:33:11	18		18
4	Fiona	Maurer	00:45:46	00:12:29	00:33:17	17		17
4	Marian	Kelly	00:42:34	00:09:17	00:33:17	17		17
6	Heather	McKillop	00:55:34	00:22:10	00:33:24	15		15
7	Lesley	Chisholm	00:36:18	00:02:53	00:33:25	14		14
8	Morag	Casey	00:48:24	00:14:04	00:34:20	13		13
9	Mary	Cox	00:52:21	00:17:49	00:34:32	12		12
10	Lynette	Harkins	00:50:42	00:16:01	00:34:41	11		11
11	Rachel	Wilson	00:53:46	00:00:00	00:53:46	10		10

Men's Results

Position	Firstname	Surname	Race Time	Handicap	Handicapped Time	League Pts	PB?	Total
1	Matthew	O'Brien	00:34:45	00:02:16	00:32:29	20	1	21
2	Allan	Wallace	00:40:31	00:07:54	00:32:37	19		19
3	Craig	Marsden	00:43:38	00:10:59	00:32:39	18		18
4	Paul	O'Brien	00:39:09	00:06:27	00:32:42	17		17
5	John	Murray	00:37:40	00:04:55	00:32:45	16		16
6	Nicholas	Parker	00:39:47	00:06:56	00:32:51	15		15
7	Paul	Elliot	00:37:41	00:04:49	00:32:52	14		14
8	Nicholas	Heaney	00:34:15	00:01:20	00:32:55	13	1	14
9	Del	Young	00:32:59	00:00:00	00:32:59	12	1	13
10	Paul	Cooke	00:41:57	00:08:52	00:33:05	11		11
11	Patrick	Gibbons	00:38:57	00:05:46	00:33:11	10	1	11
12	Alexander	Chalmers	00:35:19	00:02:00	00:33:19	9		9
13	Duncan	McKellar	00:38:44	00:05:15	00:33:29	8	1	9
14	Simon	Sheridan	00:37:10	00:03:38	00:33:32	7		7
15	Stephen	Wilson	00:44:28	00:10:54	00:33:34	6		6
16	Kieran	McLaughlin	00:42:03	00:08:24	00:33:39	5	1	6
17	Robert	McLennan	00:35:57	00:02:14	00:33:43	4		4
18	Alexander	Parker	00:41:14	00:07:26	00:33:48	3		3
19	Garry	Mathew	00:34:15	00:00:14	00:34:01	2		2
20	Raghibir	Singh	01:01:22	00:26:56	00:34:26	1		1
21	Daniel	Burns	00:36:49	00:02:13	00:34:36	1		1
22	David	Hamill	00:47:45	00:12:53	00:34:52	1		1
23	Frank	Krievis	00:49:42	00:14:29	00:35:13	1		1
24	Steven	Currie	00:35:32	00:00:00	00:35:32	1		1

Del Young handicapped at 00:00:00 as first runner home; Rachel Wilson and Steven Currie handicapped at 00:00:00 due to lack of race information. Handicaps by David Heppell.

Event 5: Track 5k Championships

June 2, 2015

Women's Results

Position	Firstname	Surname	Race Time	League Pts	PB?	Total
1	Lesley	Chisholm	00:18:14	20		20
2	Kathryn	Scott	00:20:56	19		19
3	Marian	Kelly	00:21:08	18		18

Men's Results

Position	Firstname	Surname	Race Time	League Pts	PB?	Total
1	Howard	Smith	00:16:22	20		20
2	Del	Young	00:16:32	19		19
3	Garry	Mathew	00:16:48	18		18
4	Donald	McPartlin	00:16:58	17		17
5	Matthew	O'Brien	00:17:07	16		16
6	Alexander	Chalmers	00:17:33	15		15
7	Daniel	Burns	00:18:21	14		14
8	Ian	Thomson	00:18:47	13		13
9	Alexander	Chisholm	00:18:50	12		12
10	Patrick	Gibbons	00:19:06	11		11
11	Paul	O'Brien	00:19:41	10		10
12	Craig	Marsden	00:21:50	9		9
13	Tariq	Abdullah	00:23:49	8		8
14	Stephen	Cullen	00:25:09	7		7
15	Raghibir	Singh	00:28:19	6		6

Event 6: Kirkintilloch 10k

June 11, 2015

Women's Results

Position	Firstname	Surname	Race Time	League Pts	PB?	Total
1	Alison	Wood	00:47:56	20		20
2	Kali	Heaney	00:50:05	19	1	20
3	Diane	Cooper	00:52:20	18		18
4	Amy	Cromarty	00:56:25	17		17
5	Gillian	Maciver	01:05:45	16		16
6	Gayle	Thomson	01:07:14	15		15

Men's Results

Position	Firstname	Surname	Race Time	League Pts	PB?	Total
1	Howard	Smith	00:33:42	20	1	21
2	Del	Young	00:34:16	19		19
3	Donald	McPartlin	00:34:57	18	1	19
4	Garry	Mathew	00:35:28	17		17
5	Alan	Blair	00:35:32	16		16
6	Nicholas	Heaney	00:35:35	15		15
7	Alexander	Chalmers	00:36:07	14		14
8	Steven	Currie	00:37:17	13		13
9	Matthew	O'Brien	00:37:23	12		12
10	Robert	McLennan	00:37:57	11		11
11	Simon	Sheridan	00:38:08	10		10
12	Alexander	Chisholm	00:38:17	9		9
13	Patrick	Gibbons	00:39:32	8		8
14	Ian	Thomson	00:39:43	7		7
15	John	McLaughlin	00:41:00	6		6
16	Paul	O'Brien	00:41:21	5		5
17	Norman	Baillie	00:41:36	4		4
18	Paul	Cooke	00:42:17	3		3
19	Kieran	McLaughlin	00:42:24	2		2
20	Ross	McMillan	00:43:04	1		1
21	Alexander	Parker	00:44:07	1		1
22	Craig	Marsden	00:45:55	1		1
23	Stefan	Kuhr	00:48:57	1		1

Event 7: Charlie Kilshaw Memorial Race (HANDICAPPED)

July 9, 2015

Women's Results

Position	Firstname	Surname	Race Time	Handicap	Handicapped Time	League Pts	PB?	Total
1	Nicola	Adams-Hendry	00:32:59	00:06:44	00:26:15	20		20
2	Amy	Cromarty	00:42:31	00:15:46	00:26:45	19	1	20
3	Karen	McIvenna	00:37:15	00:10:06	00:27:09	18		18
4	Alison	Condie	00:41:24	00:13:08	00:28:16	17		17
5	Theresa	Miln	00:39:27	00:09:52	00:29:35	16		16
6	Jenny	Dryden	00:46:20	00:15:45	00:30:35	15		15
7	Frances	Wardle	00:34:16	00:00:00	00:34:16	14		14

Men's Results

Position	Firstname	Surname	Race Time	Handicap	Handicapped Time	League Pts	PB?	Total
1	Sean	McAneny	00:38:51	00:15:04	00:23:47	20		20
2	Athole	Smith	00:32:49	00:07:45	00:25:04	19		19
3	Jim	McAneny	00:32:24	00:06:56	00:25:28	18		18
4	Paul	Coia	00:33:56	00:08:16	00:25:40	17		17
5	David	Campbell	00:31:57	00:06:15	00:25:42	16	1	17
6	Kieran	McLaughlin	00:32:53	00:06:41	00:26:12	15		15
7	Ian	Thomson	00:30:48	00:04:26	00:26:22	14		14
8	Derek	Buchanan	00:44:52	00:18:29	00:26:23	13	1	14
9	Simon	Sheridan	00:29:36	00:03:12	00:26:24	12		12
10	John	McManus	00:29:05	00:02:40	00:26:25	11		11
11	Garry	Mathew	00:27:36	00:00:56	00:26:40	10	1	11
12	Tariq	Abdullah	00:39:22	00:12:34	00:26:48	9		9
13	Allan	Jenkins	00:38:38	00:11:49	00:26:49	8		8
14	Paul	Cooke	00:32:54	00:06:02	00:26:52	7		7
15	Alan	Blair	00:28:06	00:01:13	00:26:53	6	1	7
16	John	McLaughlin	00:32:22	00:05:28	00:26:54	5		5
16	Iain	Peers	00:38:20	00:11:26	00:26:54	5		5
18	Paul	O'Brien	00:31:45	00:04:50	00:26:55	3		3
19	Norman	Baillie	00:33:15	00:06:18	00:26:57	2		2
20	Nicholas	Parker	00:32:19	00:05:20	00:26:59	1	1	2
21	Alexander	Parker	00:33:35	00:06:29	00:27:06	1		1
22	Stephen	Porteous	00:31:16	00:04:01	00:27:15	1	1	2
23	Matthew	O'Brien	00:28:56	00:01:20	00:27:36	1		1
24	Craig	Marsden	00:36:53	00:08:24	00:28:29	1		1
25	David	Hamill	00:39:21	00:10:43	00:28:38	1		1
26	Stephen	Cullen	00:42:22	00:10:54	00:31:28	1		1
27	Dermot	Williamson	00:53:08	00:21:11	00:31:57	1		1
28	David	Geddes	00:39:15	00:04:27	00:34:48	1		1

Frances Wardle handicapped at 00:00:00 due to lack of race information. Handicaps by David Heppell.

Event 8: Henderson Cup (HANDICAPPED)

August 13, 2015

Women's Results

Position	Firstname	Surname	Race Time	Handicap	Handicapped Time	League Pts	PB?	Total
1	Charlotte	Wilson	00:47:43	00:10:44	00:36:59	20		20
2	Chloe	McAdam	00:50:24	00:12:23	00:38:01	19		19
3	Diane	Cooper	00:59:41	00:21:25	00:38:16	18		18
4	Martha	Lovatt	00:53:02	00:14:04	00:38:58	17		17
5	Marian	Kelly	00:49:51	00:10:19	00:39:32	16		16
6	Isobel	Martin	01:00:28	00:18:46	00:41:42	15		15
7	Amy	Cromarty	01:03:46	00:21:35	00:42:11	14		14
8	Diane	Clark	00:51:21	00:08:54	00:42:27	13		13
9	Aileen	Wilson	00:52:13	00:09:26	00:42:47	12		12
10	Alison	Condie	01:01:48	00:18:23	00:43:25	11		11
11	Joan	Morris	01:23:13	00:32:26	00:50:47	10		10
12	Daisy	Tickner	00:52:12	00:00:00	00:52:12	9		9
13	Alison	Wood	00:52:52	00:00:00	00:52:52	8		8

Men's Results

Position	Firstname	Surname	Race Time	Handicap	Handicapped Time	League Pts	PB?	Total
1	Stephen	Porteous	00:42:20	00:05:33	00:36:47	20		20
2	Daniel	Burns	00:40:59	00:03:55	00:37:04	19		19
3	Alan	Blair	00:38:45	00:01:39	00:37:06	18		18
4	Ian	Thomson	00:43:21	00:06:07	00:37:14	17		17
5	Garry	Mathew	00:38:58	00:01:07	00:37:51	16		16
6	Steven	Currie	00:40:54	00:02:45	00:38:09	15		15
7	Del	Young	00:38:10	00:00:00	00:38:10	14		14
8	Matthew	O'Brien	00:40:12	00:01:53	00:38:19	13		13
9	Paul	O'Brien	00:45:08	00:06:46	00:38:22	12		12
10	Simon	Sheridan	00:43:13	00:04:28	00:38:45	11		11
11	Allan	Jenkins	00:54:35	00:15:49	00:38:46	10		10
12	David	Campbell	00:45:58	00:07:06	00:38:52	9		9
13	John	McLaughlin	00:46:20	00:07:25	00:38:55	8		8
14	Peter	Dow	00:53:55	00:14:14	00:39:41	7		7
15	Alexander	Chalmers	00:42:17	00:02:07	00:40:10	6		6
16	Frank	Krieves	00:57:57	00:17:32	00:40:25	5		5
17	Craig	Marsden	00:52:46	00:11:45	00:41:01	4		4
18	Paul	Coia	00:50:58	00:09:49	00:41:09	3		3
19	Alexander	Parker	00:50:41	00:09:05	00:41:36	2		2
20	Kieran	McLaughlin	00:49:25	00:07:43	00:41:42	1		1
21	John	McManus	00:44:58	00:03:09	00:41:49	1		1
22	David	Geddes	00:55:41	00:13:13	00:42:28	1		1
23	David	Hamill	00:58:44	00:14:59	00:43:45	1		1
24	Paul	McMahon	00:43:57	00:00:00	00:43:57	1		1
25	Rob	Baker	00:44:19	00:00:00	00:44:19	1		1
26	Tariq	Abdullah	01:09:38	00:17:16	00:52:22	1		1

Del Young handicapped at 00:00:00 as first runner home; Rob Baker, Paul McMahon, Daisy Tickner and Alison Wood handicapped at 00:00:00 due to lack of race information. Handicaps by David Heppell.

Event 9: Round Cumbrae 10 Miles
September 13, 2015

Women's Results

Position	Firstname	Surname	Race Time	League Pts	PB?	Total
1	Lesley	Chisholm	01:00:12	20	1	21
2	Aileen	Wilson	01:10:40	19	1	20
3	Karen	McIlvenna	01:18:51	18		18
4	Alison	Wood	01:19:10	17	1	18
5	Theresa	Miln	01:23:14	16		16
6	Martha	Lovatt	01:23:30	15		15
7	Fiona	Maurer	01:23:57	14	1	15
8	Ann	Clanachan	01:27:19	13		13
9	Mary	Cox	01:27:52	12		12
10	Amy	Cromarty	01:28:28	11	1	12
11	Isobel	Martin	01:28:43	10		10
12	Caroline	Dow	01:35:06	9		9
13	Joan	Morris	02:08:25	8		8

Men's Results

Position	Firstname	Surname	Race Time	League Pts	PB?	Total
1	Del	Young	00:55:58	20	1	21
2	Neal	Robertson	00:57:40	19	1	20
3	Alan	Blair	00:58:19	18	1	19
4	Garry	Mathew	00:58:43	17	1	18
5	Robert	McLennan	01:01:00	16		16
6	Ian	Thomson	01:02:10	15	1	16
7	Malcolm	Shepherd	01:02:48	14		14
8	John	McLaughlin	01:06:37	13		13
9	Patrick	Gibbons	01:07:06	12	1	13
10	Kieran	McLaughlin	01:10:04	11	1	12
11	Nicholas	Parker	01:12:26	10	1	11
12	Stefan	Kuhr	01:13:16	9	1	10
13	Craig	Brown	01:14:08	8		8
14	Paul	Coia	01:18:28	7		7
15	Peter	Dow	01:18:55	6		6
16	David	Hamill	01:21:32	5		5
17	David	Geddes	01:25:03	4		4

Event 10: Great Scottish Run Half Marathon
October 4, 2015

Women's Results

Position	Firstname	Surname	Race Time	League Pts	PB?	Total
1	Lesley	Chisholm	01:21:55	20		20
2	Mary	Senior	01:34:07	19		19
3	Frances	Wardle	01:37:32	18		18
4	Louise	Crilly	01:42:34	17		17
5	Karen	McIvenna	01:44:04	16		16
6	Daisy	Tickner	01:44:30	15		15
7	Alison	Wood	01:48:15	14	1	15
8	Daisy	Ochoa	01:50:35	13		13
9	Amy	Cromarty	02:00:51	12	1	13
10	Heather	McKillop	02:14:13	11		11

Men's Results

Position	Firstname	Surname	Race Time	League Pts	PB?	Total
1	Del	Young	01:12:52	20	1	21
2	Alan	Blair	01:16:46	19		19
3	Alasdair	MacMillan	01:17:56	18		18
4	Steven	Currie	01:18:27	17		17
5	John	McManus	01:20:50	16		16
6	Ian	Thomson	01:21:42	15	1	16
7	Robbie	Drummond	01:28:08	14		14
8	Scott	McPherson	01:28:59	13		13
9	Nicholas	Parker	01:31:59	12		12
10	Kieran	McLaughlin	01:33:35	11		11
11	Craig	Marsden	01:33:52	10	1	11
12	Allan	Jenkins	01:43:00	9		9
13	David	Hamill	01:48:12	8		8
14	Mark	Cathro	01:50:16	7		7
15	Edmund	McKillop	01:59:58	6		6
16	Raghibir	Singh	02:22:00	5		5

Event 11: Any Marathon Worldwide
Provisional Standings: October 12, 2015

Women's Results

Position	Firstname	Surname	Race Time	League Pts	PB?	Total	Where?
1	Nicola	Adams-Hendry	03:19:09	20	1	21	Chester_131005
2	Kali	Heaney	04:02:32	19	1	20	Berlin_150927
3	Morag	Casey	04:03:33	18	1	19	LochNess_150927
4	Ann	Clanachan	04:09:34	17		17	Barcelona_150315

Men's Results

Position	Firstname	Surname	Race Time	League Pts	PB?	Total	Where?
1	Christopher	Devine	02:38:46	20	1	21	London_150426
2	Alan	Blair	02:39:46	19	1	20	Manchester_150419
3	Donald	McPartlin	02:43:20	18	1	19	Copenhagen_150524
4	Nicholas	Heaney	02:54:21	17		17	Berlin_150927
5	Stephen	Porteous	02:54:57	16		16	London_150426
6	John	McLaughlin	02:55:03	15		15	Manchester_150419
7	Roddy	Chapman	03:10:21	14	1	15	LochKatrine_150322
8	Scott	McPherson	03:17:37	13		13	London_150426
9	Craig	Melville	03:25:47	12	1	13	Manchester_150419
10	Ross	McMillan	03:30:27	11	1	12	Edinburgh_150531
11	Allan	Jenkins	03:35:19	10	1	11	Manchester_150419
12	Nicholas	Parker	03:50:43	9		9	Lisbon_141005
13	Paul	Coia	04:04:37	8		8	Edinburgh_150531
14	Iain	Peers	04:04:49	7		7	London_150426
15	Tariq	Abdullah	04:29:01	6		6	London_150426
16	Edmund	McKillop	04:30:13	5	1	6	Edinburgh_150531
17	Christopher	Kilshaw	05:39:10	4		4	London_150426

Rules

Rule 1: Male and Female Leagues and Eligibility

The competition will have Male and Female leagues and will be open to all members of the club who are eligible to compete in UKA age category U20 and upwards.

Rule 2: Number of Races

There will be 11 races in total in the competition, including any marathon worldwide.

Rule 3: Points

- (a) League points – points will be allocated on the basis of 20 points for first place down to 1 point for twentieth place (and all lower places) in respect of each competitor's best 6 performances in qualifying races.
- (b) Participation Points – in addition, runners will be awarded 1 point for competing in each qualifying race irrespective of their position in the race. For example, a competitor running nine races will be awarded nine participation points plus the league points for their best six performances.
- (c) Personal Bests – one point will be awarded for a personal best (PB) for all league events except the Henderson Cup. This is in addition to points awarded as detailed above, subject to runners notifying moragcasey@gmail.com.

Rule 4: Race Results and Chip Timing

Only official race results will count. Where chip timing is used in a race, league points will be based on chip times rather than race (or watch) times.

Rule 5: League Tables League tables will show the points awarded for the best six performances calculated in accordance with Rule 3(a) and all points awarded in accordance with Rules 3(b) and 3(c). Points earned in all races are provisional until the conclusion of the competition.

Rule 6: Marathon Races

Only a competitor's best performance achieved during the period 1st October 2014 – 30th September 2015 in a marathon race will count for League Points.

Rule 7: Handicapped Races

The following races will be handicapped and league points for these races will be awarded on the basis of the competitor's finishing position in the handicap not the scratch position:

1. Clydebank 10k.
2. Charlie Kilshaw Memorial Race (5 miles).
3. Henderson Cup Cross Country (6 miles).

Rule 8: Competing for another Club

No points will be awarded to a member in respect of a race where that member has competed for another club.

Rule 9: Running with Another Competitor's Race Number

No points will be awarded to a member in respect of any race in which the member has raced with another competitor's race number.

Rule 10: Prizes

Prizes will be awarded for 1st (£50), 2nd (£30) and 3rd (£20) places in both Male and Female Leagues.

Rule 11: Eligibility for Prizes

No prize will be awarded to a member whose subscriptions are not paid up to date on 1st July 2015.

Results and Corrections

Interim scores will be published on the club website as soon as possible after each qualifying race and are subject to change until the final day of the competition. Corrections should be emailed to moragcasey@gmail.com.

Fixtures

Event	Date	Race	Details
1	Sunday 05/04/15	Tom Tom Scott Memorial Race (10 miles)	www.tomscottroadraces.co.uk
2	Saturday 25/04/15	Victoria Parkrun (5 km)	www.parkrun.org.uk/victoria
3	Thursday 21/05/15	Dumbarton 10k	www.polaroid-10k.co.uk Club 10k Championships
4	Thursday 28/05/15	Clydebank 10k	www.polaroid-10k.co.uk Handicapped.
5	Tuesday 02/06/15 TBC	Garscube Track 5k	St Peter the Apostle track – club event. Club 5k Championships
6	Thursday 11/06/15	Kirkintilloch 10k	www.entrycentral.com
7	Thursday 09/07/15	Charlie Kilshaw Memorial Race (5 miles)	Milngavie Reservoirs – club event. Handicapped.
8	Thursday 13/08/15	Henderson Cup Cross Country (6 miles)	Garscube Estate – club event. Handicapped.
9	Sunday 14/09/15	Around Cumbrae Road Race (10 miles)	www.entrycentral.com
10	Sunday 04/10/15	Great Scottish Run Half Marathon	www.greatscottishrun.com Club Half Marathon Championships.
11	From 01/10/2014 to 30/09/2015	Any marathon worldwide	Positions based on finishing times. Club Marathon Championships.