



Garscube Harriers Summer League 2016



Final Standings October 30, 2016

Notes

- Each column in the tables below contains the combination of league and personal best points for each race. For example, someone having come first in a race, having achieved a personal best, would have earned 20 league points plus 1 personal best point for that race, a total of 21 league points. In addition, 1 participation point is awarded for each race run. The total number of points is the sum of these two and is shown for each competitor at the end the row.
- In the event that a competitor has more completed than six events, the cell in the third column from the right will be highlighted and the performance(s) with the lowest league points struck from the record.
- The window for claiming a worldwide marathon performance runs between 1st October 2015 and 30th September 2016.
- Rules and fixtures can be found at the end of this document.
- Please notify any corrections or omissions to moragcasey@gmail.com.

Men's League Standings – March 29, 2017

Position	Firstname	Surname	Tom Scott 10 miles	Victoria Parkrun	Clydebank 10k (Handicapped)	Dumbarton 10k	Track 5k	Kirkintilloch 10k	Charlie Kilshaw 5 miles (Handicapped)	Henderson Cup 6 miles (Handicapped)	Cumbræ 10 miles	Great Scottish Run	MARATHON	Top 6 races only?	Participation Points	League Points
1	Garry	Mathew		20	X	18	21	20		10		20	18	TOP 6	8	135
2	Finlay	Finlay		18	18	15	15	16				15			6	103
3	Alan	Blair			1		19	19	1	17		12	18		7	94
4	Patrick	Gibbons			10	6	10			20	20	10	6		7	89
5	Timothy	Martin			1		12	15	15	11		15			6	75
5	Craig	Marsden	16		16	2	9		X		18	7		TOP 6	7	75
7	Del	Young		21	6	20						21			4	72
8	David	Hamill	13		13	X	6		17		14	1		TOP 6	7	71
9	Craig	Shields	21	13	2	12			2			14			6	70
9	Donald	McPartlin				20			7			19	20		4	70
11	Stefan	Kuhr	14		9	X		7	13		16	3		TOP 6	7	69
12	Ian	Thomson		16		9	11	13	1			11			6	67
13	Euan	Geddes									21	18	21		3	63
14	Alexander	Chalmers					14		12	19			11		4	60
15	Duncan	McKellar					10	12	21			11			4	58
16	Jim	Kerr		11				8	18	12					4	53
17	Alasdair	Maciver					17					16	15		3	51
18	Stephen	Porteous				17	13						17		3	50
18	Steven	Currie			14	15	18								3	50
20	Peter	Dow		10	1				15	18					4	48
21	Paul	O'Brien		17	2	8				6		8			5	46
22	Raghibir	Singh			16	X	4	4	1	1	12			TOP 6	7	45
23	Paul	McMahon				11				13		13			3	40
24	Alasdair	MacMillan						14	19				3		3	39
24	David	Geddes	12		4					4	15				4	39
24	David	Campbell	20		1	3	8						2		5	39
24	Craig	Brown		14	7				5	5		1	1		6	39
28	John	Murray			11	7			1				15		4	38
28	Norman	Baillie	17			1					17				3	38
30	Lance	Voute		15					12	7					3	37
30	Neal	Robertson				17		18							2	37
32	Ade	Kearns			13	2				16					3	34
33	Peter	Scott		13	8	2			1	3					5	32
33	Ross	McMillan			8	2		9					9		4	32
35	Allan	Jenkins			1	1			9	8			4		5	28
36	Paul	Coia				1		5	1	1	13				5	26
36	Tariq	Abdullah		7	1		6		6			1			5	26
38	Frank	Krieves			20	1									2	23
39	Stuart	Irvine			19	1									2	22
39	Stuart	Brown		8				6				5			3	22

Position	Firstname	Surname	Tom Scott 10 miles	Victoria Parkrun	Clydebank 10k (Handicapped)	Dumbarton 10k	Track 5k	Kirkintilloch 10k	Charlie Kilshaw 5 miles (Handicapped)	Henderson Cup 6 miles (Handicapped)	Cumbræ 10 miles	Great Scottish Run	MARATHON	Top 6 races only?	Participation Points	League Points
41	David	McKay	19												1	20
41	Andrew	Cotton		9					9						2	20
43	Nicholas	Parker			2	5						2	6		4	19
43	Jim	McAney	16						1						2	19
43	Andre	Alexander			18										1	19
46	Nicholas	Heaney						17							1	18
46	Derek	Buchanan		5					11						2	18
46	Timothy	Brown								15		1			2	18
49	Thomas	McKay							16						1	17
49	Christopher	Kilshaw							1	14					2	17
51	Alexander	Parker			1	1		11							3	16
52	James	Cooper			1	1		10							3	15
53	Sean	McAney							3	9					2	14
53	Daniel	Burns				13									1	14
55	Robert	McLennan											12		1	13
56	Simon	Sheridan										11			1	12
57	David	McCartney								1		8			2	11
57	Alexander	Chisholm				10									1	11
59	Athole	Smith											9		1	10
60	Paul	Cooke				3						4			2	9
61	Allan	Wallace							4				2		2	8
61	Craig	Melville											7		1	8
63	John	Molloy		6											1	7
63	Robbie	Drummond				6									1	7
65	Alan	Granger			3	1									2	6
65	Stephen	Cullen		5											1	6
67	Gregg	Adam							1			1			2	4
68	Calum	Esler								2					1	3
69	Stephen	Wilson				1									1	2
69	Iain	Peers				1									1	2
69	Paul	Clark							1						1	2
69	Mark	Cathro							1						1	2
69	John	Bell							1						1	2

Event 1: Tom Scott Memorial 10 mile Road Race
April 10, 2016

Women's Results

Position	Firstname	Surname	Race Time	League Pts	PB?	Total
1	Ann	White	01:13:33	20	1	21
2	Linda	Kennedy	01:19:15	19		19

Men's Results

Position	Firstname	Surname	Race Time	League Pts	PB?	Total
1	Craig	Shields	00:59:27	20	1	21
2	David	Campbell	01:04:30	19	1	20
3	David	McKay	01:09:35	18	1	19
4	Norman	Baillie	01:10:18	17		17
5	Jim	McAneny	01:10:31	16		16
6	Craig	Marsden	01:11:31	15	1	16
7	Stefan	Kuhr	01:15:26	14		14
8	David	Hamill	01:16:13	13		13
9	David	Geddes	01:16:34	12		12

Event 2: Victoria Parkrun
April 23, 2016

Women's Results

Position	Firstname	Surname	Race Time	League Pts	PB?	Total
1	Louise	Torr	00:20:18	20		20
2	Aileen	Wilson	00:21:27	19		19
3	Kara	McCurrach	00:21:44	18		18
4	Alison	Wood	00:22:40	17		17
5	Caroline	Dow	00:26:13	16		16

Men's Results

Position	Firstname	Surname	Race Time	League Pts	PB?	Total
1	Del	Young	00:15:59	20	1	21
2	Garry	Mathew	00:16:27	19	1	20
3	Finlay	Finlay	00:17:38	18		18
4	Paul	O'Brien	00:18:39	17		17
5	Ian	Thomson	00:18:42	16		16
6	Lance	Voute	00:19:34	15		15
7	Craig	Brown	00:19:36	14		14
8	Craig	Shields	00:19:54	13		13
9	Peter	Scott	00:20:16	12	1	13
10	Jim	Kerr	00:22:02	11		11
11	Peter	Dow	00:22:31	10		10
12	Andrew	Cotton	00:22:36	9		9
13	Stuart	Brown	00:22:38	8		8
14	Tariq	Abdullah	00:23:00	7		7
15	John	Molloy	00:23:29	6		6
16	Stephen	Cullen	00:25:19	5		5
17	Derek	Buchanan	00:25:27	4	1	5

Event 3: Clydebank 10k (Handicapped)

May 19, 2016

HANDICAPPED RACE

(Handicaps by David Heppell)

Women's Results

Position	Firstname	Surname	Race Time	Handicap	Handicapped Time	League Pts	PB?	Total
1	Ann	White	00:43:53	00:14:58	00:28:55	20	1	21
2	Katie	White	00:35:38	00:06:41	00:28:57	19	1	20
3	Fiona	Maurer	00:47:10	00:18:07	00:29:03	18		18
4	Mary	Cox	00:51:38	00:21:31	00:30:07	17		17
5	Alison	Wood	00:46:10	00:14:55	00:31:15	16		16
6	Mary	Senior	00:40:48	00:08:41	00:32:07	15	1	16
7	Amy	Cromarty	00:50:03	00:17:51	00:32:12	14	1	15
8	Frances	Wardle	00:41:30	00:08:24	00:33:06	13	1	14
9	Nicola	Adams-Hendry	00:40:06	00:06:56	00:33:10	12	1	13
10	Alison	Condie	00:50:39	00:16:34	00:34:05	11		11
11	Morag	Casey	00:49:28	00:14:29	00:34:59	10		10
12	Yvonne	Granger	01:00:01	00:24:31	00:35:30	9		9
13	Lucie	Stevenson	00:53:48	00:00:00	00:53:48	8		8

Event 3: Clydebank 10k (Handicapped)

May 19, 2016

HANDICAPPED RACE

(Handicaps by David Heppell)

Men's Results

Position	Firstname	Surname	Race Time	Handicap	Handicapped Time	League Pts	PB?	Total
1	Frank	Krievs	00:51:03	00:23:00	00:28:03	20		20
2	Stuart	Irvine	00:53:40	00:25:20	00:28:20	19		19
3	Andre	Alexander	00:39:40	00:10:27	00:29:13	18		18
4	Finlay	Finlay	00:35:57	00:06:19	00:29:38	17	1	18
5	Raghibir	Singh	01:00:53	00:30:33	00:30:20	16		16
6	Craig	Marsden	00:41:59	00:11:24	00:30:35	15	1	16
7	Steven	Currie	00:35:40	00:04:42	00:30:58	14		14
8	David	Hamill	00:45:21	00:14:13	00:31:08	13		13
9	Ade	Kearns	00:42:08	00:10:50	00:31:18	12	1	13
10	John	Murray	00:38:31	00:06:42	00:31:49	11		11
11	Patrick	Gibbons	00:39:51	00:08:00	00:31:51	10		10
12	Stefan	Kuhr	00:44:48	00:12:39	00:32:09	9		9
13	Ross	McMillan	00:42:48	00:10:31	00:32:17	8		8
14	Peter	Scott	00:44:00	00:11:39	00:32:21	7	1	8
14	Craig	Brown	00:40:50	00:08:29	00:32:21	7		7
16	Del	Young	00:32:30	00:00:00	00:32:30	5	1	6
17	David	Geddes	00:45:59	00:13:25	00:32:34	4		4
18	Alan	Granger	00:43:04	00:10:14	00:32:50	3		3
19	Paul	O'Brien	00:38:41	00:05:31	00:33:10	2		2
20	Alan	Blair	00:34:32	00:01:20	00:33:12	1		1
21	James	Cooper	00:44:56	00:11:43	00:33:13	1		1
22	Timothy	Martin	00:36:49	00:03:32	00:33:17	1		1
23	Allan	Jenkins	00:46:45	00:13:24	00:33:21	1		1
24	Garry	Mathew	00:34:16	00:00:54	00:33:22	1		1
25	Nicholas	Parker	00:39:40	00:06:10	00:33:30	1	1	2
26	Tariq	Abdullah	00:48:14	00:14:14	00:34:00	1		1
27	Peter	Dow	00:46:01	00:11:53	00:34:08	1		1
28	Craig	Shields	00:35:26	00:01:15	00:34:11	1	1	2
29	David	Campbell	00:40:01	00:05:45	00:34:16	1		1
30	Alexander	Parker	00:42:15	00:07:37	00:34:38	1		1

Event 4: Dumbarton 10k

May 26, 2016

Women's Results

Position	Firstname	Surname	Race Time	League Pts	PB?	Total
1	Lesley	Chisholm	00:36:33	20		20
2	Nicola	Adams-Hendry	00:39:17	19	1	20
3	Frances	Wardle	00:40:39	18	1	19
4	Katie	White	00:44:48	17		17
5	Ann	White	00:44:50	16		16
6	Alison	Wood	00:45:06	15	1	16
7	Fiona	Maurer	00:46:10	14		14
7	Fiona	Martin	00:46:10	14	1	15
9	Morag	Casey	00:48:01	12		12
10	Amy	Cromarty	00:49:12	11	1	12
11	Ann	Boal	00:50:31	10		10
12	Mary	Cox	00:51:32	9		9
13	Yvonne	Granger	00:57:01	8		8

Event 4: Dumbarton 10k

May 26, 2016

Men's Results

Position	Firstname	Surname	Race Time	League Pts	PB?	Total
1	Del	Young	00:32:34	20		20
2	Donald	McPartlin	00:33:26	19	1	20
3	Garry	Mathew	00:33:36	18		18
4	Neal	Robertson	00:34:52	17		17
5	Stephen	Porteous	00:34:53	16	1	17
6	Steven	Currie	00:35:10	15		15
7	Finlay	Finlay	00:35:24	14	1	15
8	Daniel	Burns	00:35:57	13		13
9	Craig	Shields	00:36:19	12		12
10	Paul	McMahon	00:37:13	11		11
11	Alexander	Chisholm	00:37:27	10		10
12	Ian	Thomson	00:38:00	9		9
13	Paul	O'Brien	00:38:20	8		8
14	John	Murray	00:38:26	7		7
15	Patrick	Gibbons	00:38:57	6		6
16	Robbie	Drummond	00:39:07	5	1	6
17	Nicholas	Parker	00:39:14	4	1	5
18	David	Campbell	00:39:28	3		3
19	Paul	Cooke	00:40:18	2	1	3
20	Ross	McMillan	00:40:52	1	1	2
21	Craig	Marsden	00:41:37	1	1	2
22	Ade	Kearns	00:41:40	1	1	2
23	Norman	Baillie	00:41:52	1		1
24	Peter	Scott	00:42:29	1	1	2
25	James	Cooper	00:42:33	1		1
26	Alan	Granger	00:42:44	1		1
27	Alexander	Parker	00:42:55	1		1
28	Stefan	Kuhr	00:44:20	1		1
29	David	Hamill	00:45:13	1		1
30	Allan	Jenkins	00:45:41	1		1
31	Stephen	Wilson	00:45:50	1		1
32	Paul	Coia	00:46:18	1		1
33	Iain	Peers	00:47:15	1		1
34	Frank	Krievs	00:49:57	1		1
35	Stuart	Irvine	00:53:38	1		1
36	Raghbir	Singh	00:59:30	1		1

Event 5: Track 5k

May 31, 2016

Women's Results

Position	Firstname	Surname	Race Time	League Pts	PB?	Total
1	Garry	Mathew	00:16:30	20	1	21
2	Alan	Blair	00:17:16	19		19
3	Steven	Currie	00:17:19	18		18
4	Alasdair	Maciver	00:17:21	17		17
4	Alasdair	Maciver	00:17:21	17		17
6	Finlay	Finlay	00:17:28	15		15
7	Alexander	Chalmers	00:17:33	14		14
8	Stephen	Porteous	00:17:48	13		13
9	Timothy	Martin	00:18:01	12		12
10	Ian	Thomson	00:18:26	11		11
11	Duncan	McKellar	00:18:47	10		10
12	Patrick	Gibbons	00:19:03	9	1	10
13	Craig	Marsden	00:20:29	8	1	9
14	David	Campbell	00:20:44	7	1	8
15	David	Hamill	00:22:01	6		6
16	Tariq	Abdullah	00:22:54	5	1	6
17	Raghibir	Singh	00:28:45	4		4

Men's Results

Position	Firstname	Surname	Race Time	League Pts	PB?	Total
1	Garry	Mathew	00:16:30	20	1	21
2	Alan	Blair	00:17:16	19		19
3	Steven	Currie	00:17:19	18		18
4	Finlay	Finlay	00:17:28	17		17
5	Alexander	Chalmers	00:17:33	16		16
6	Stephen	Porteous	00:17:48	15		15
7	Timothy	Martin	00:18:01	14		14
8	Ian	Thomson	00:18:26	13		13
9	Duncan	McKellar	00:18:47	12		12
10	Patrick	Gibbons	00:19:03	11	1	12
11	Craig	Marsden	00:20:29	10	1	11
12	David	Campbell	00:20:44	9	1	10
13	David	Hamill	00:22:01	8		8
14	Tariq	Abdullah	00:22:54	7	1	8
15	Raghibir	Singh	00:28:45	6		6

Event 6: Kirkintilloch 10k

June 16, 2016

Women's Results

Position	Firstname	Surname	Race Time	League Pts	PB?	Total
1	Katie	White	00:36:12	20		20
2	Ann	White	00:44:06	19		19
3	Alison	Wood	00:47:09	18		18
4	Diane	Cooper	00:48:49	17		17
5	Amy	Cromarty	00:48:55	16	1	17

Men's Results

Position	Firstname	Surname	Race Time	League Pts	PB?	Total
1	Garry	Mathew	00:34:11	20		20
2	Alan	Blair	00:34:51	19		19
3	Neal	Robertson	00:35:03	18		18
4	Nicholas	Heaney	00:35:18	17		17
5	Finlay	Finlay	00:35:42	16		16
6	Timothy	Martin	00:36:27	15		15
7	Alasdair	MacMillan	00:36:29	14		14
8	Ian	Thomson	00:37:13	13		13
9	Duncan	McKellar	00:38:32	12		12
10	Alexander	Parker	00:41:52	11		11
11	James	Cooper	00:42:03	10		10
12	Ross	McMillan	00:42:09	9		9
13	Jim	Kerr	00:44:16	8		8
14	Stefan	Kuhr	00:45:27	7		7
15	Stuart	Brown	00:45:55	6		6
16	Paul	Coia	00:47:04	5		5
17	Raghibir	Singh	01:00:58	4		4

Event 7: Charlie Kilshaw Memorial 5 miles

July 14, 2016

HANDICAPPED RACE

(Handicaps by David Heppell)

Women's Results

Position	Firstname	Surname	Race Time	Handicap	Handicapped Time	League Pts	PB?	Total
1	Alison	Wood	00:36:32	00:11:52	00:24:40	20	1	21
2	Maira	Young	00:36:36	00:11:40	00:24:56	19		19
3	Charlotte	Wilson	00:34:28	00:09:27	00:25:01	18		18
4	Katie	White	00:29:39	00:03:45	00:25:54	17	1	18
5	Irene	Veza	00:40:07	00:14:01	00:26:06	16		16
6	Ann	Boal	00:41:06	00:14:40	00:26:26	15		15
7	Alison	Condie	00:42:31	00:15:46	00:26:45	14		14
8	Caroline	Dow	00:44:38	00:17:49	00:26:49	13		13
9	Jill	O'Neil	00:35:10	00:08:11	00:26:59	12		12
10	Chloe	McAdam	00:36:46	00:09:23	00:27:23	11	1	12
11	Aileen	Wilson	00:35:53	00:08:21	00:27:32	10		10
12	Theresa	Miln	00:39:14	00:11:24	00:27:50	9		9

Men's Results

Position	Firstname	Surname	Race Time	Handicap	Handicapped Time	League Pts	PB?	Total
1	Duncan	McKellar	00:30:53	00:06:07	00:24:46	20	1	21
2	Alasdair	MacMillan	00:29:23	00:04:29	00:24:54	19		19
3	Jim	Kerr	00:35:42	00:10:41	00:25:01	18		18
4	David	Hamill	00:36:29	00:11:27	00:25:02	17		17
5	Thomas	McKay	00:44:17	00:19:14	00:25:03	16		16
6	Timothy	Martin	00:29:32	00:04:28	00:25:04	15		15
7	Peter	Dow	00:37:13	00:12:05	00:25:08	14	1	15
8	Stefan	Kuhr	00:35:25	00:10:04	00:25:21	13		13
9	Lance	Voute	00:32:17	00:06:50	00:25:27	12		12
9	Alexander	Chalmers	00:29:01	00:03:34	00:25:27	12		12
11	Derek	Buchanan	00:44:46	00:19:14	00:25:32	10	1	11
12	Allan	Jenkins	00:37:23	00:11:49	00:25:34	9		9
12	Andrew	Cotton	00:38:31	00:12:57	00:25:34	9		9
14	Donald	McPartlin	00:27:46	00:02:04	00:25:42	7		7
15	Tariq	Abdullah	00:39:19	00:13:28	00:25:51	6		6
16	Craig	Brown	00:33:55	00:07:57	00:25:58	5		5
17	Allan	Wallace	00:34:04	00:07:42	00:26:22	4		4
18	Sean	McAneny	00:35:58	00:09:00	00:26:58	3		3
19	Craig	Shields	00:29:58	00:02:55	00:27:03	2		2
20	Ian	Thomson	00:30:46	00:03:31	00:27:15	1		1
21	John	Bell	00:30:10	00:02:48	00:27:22	1		1
22	Craig	Marsden	00:36:11	00:08:35	00:27:36	1		1
23	Alan	Blair	00:28:43	00:01:03	00:27:40	1		1
24	John	Murray	00:33:39	00:05:20	00:28:19	1		1
25	Paul	Cola	00:37:44	00:07:17	00:30:27	1		1
26	Raghib	Singh	00:52:37	00:20:51	00:31:46	1		1
27	Jim	McAneny	00:36:46	00:04:59	00:31:47	1		1
28	Mark	Cathro	00:43:58	00:10:44	00:33:14	1		1
29	Peter	Scott	00:34:22	00:00:00	00:34:22	1		1
30	Christopher	Kilshaw	00:52:47	00:11:16	00:41:31	1		1
31	Paul	Clark	01:05:42	00:23:13	00:42:29	1		1
32	Gregg	Adam	00:42:31	00:00:00	00:42:31	1		1

Event 8: Henderson Cup

August 11, 2016

HANDICAPPED RACE

(Handicaps by David Heppell)

Women's Results

Position	Firstname	Surname	Race Time	Handicap	Handicapped Time	League Pts	PB?	Total
1	Katie	White	00:41:47	00:05:11	00:36:36	20		20
2	Diane	Cooper	00:56:38	00:19:47	00:36:51	19		19
3	Martha	Lovatt	00:53:15	00:16:22	00:36:53	18		18
4	Mary	Cox	01:00:17	00:22:46	00:37:31	17		17
5	Morag	Casey	00:57:09	00:18:54	00:38:15	16		16
6	Alison	Condie	00:58:24	00:19:38	00:38:46	15		15
7	Amy	Cromarty	00:58:54	00:19:54	00:39:01	14		14
8	Theresa	Min	00:54:43	00:15:28	00:39:15	13		13
9	Marian	Kelly	00:50:19	00:09:42	00:40:37	12		12
10	Louise	Torr	00:47:33	00:05:52	00:41:41	11		11
11	Caroline	Dow	01:07:24	00:24:37	00:42:47	10		10

Men's Results

Position	Firstname	Surname	Race Time	Handicap	Handicapped Time	League Pts	PB?	Total
1	Patrick	Gibbons	00:44:14	00:08:56	00:35:18	20		20
2	Alexander	Chalmers	00:41:00	00:05:17	00:35:43	19		19
3	Peter	Dow	00:52:49	00:16:42	00:36:07	18		18
4	Alan	Blair	00:38:14	00:01:28	00:36:46	17		17
5	Ade	Kearns	00:48:42	00:11:55	00:36:47	16		16
6	Timothy	Brown	00:52:45	00:15:55	00:36:50	15		15
7	Christopher	Kilshaw	00:52:40	00:15:35	00:37:05	14		14
8	Paul	McMahon	00:42:15	00:04:46	00:37:29	13		13
9	Jim	Kerr	00:52:40	00:14:47	00:37:53	12		12
10	Timothy	Martin	00:41:32	00:03:16	00:38:16	11		11
11	Garry	Mathew	00:39:14	00:00:51	00:38:23	10		10
12	Sean	McAneny	00:49:50	00:11:22	00:38:28	9		9
13	Allan	Jenkins	00:52:32	00:13:09	00:39:23	8		8
14	Lance	Voute	00:46:28	00:06:44	00:39:44	7		7
15	Paul	O'Brien	00:46:45	00:06:04	00:40:41	6		6
16	Craig	Brown	00:49:47	00:08:48	00:40:59	5		5
17	David	Geddes	00:52:45	00:11:21	00:41:24	4		4
18	Peter	Scott	00:50:55	00:09:21	00:41:34	3		3
19	Calum	Esler	00:48:04	00:06:05	00:41:59	2		2
20	David	McCartney	00:48:36	00:06:05	00:42:31	1		1
21	Paul	Coia	00:52:57	00:10:05	00:42:52	1		1
22	Raghibir	Singh	01:13:02	00:28:49	00:44:13	1		1

Event 9: Around Cumbrae 10 mile RR
September 11, 2016

Women's Results

Position	Firstname	Surname	Race Time	League Pts	PB?	Total
1	Katie	White	00:59:49	20	1	21
2	Ann	White	01:14:42	19		19
3	Aileen	Wilson	01:16:56	18		18
4	Kara	McCurrach	01:17:18	17		17
5	Emma	Blair	01:17:28	16		16
6	Martha	Lovatt	01:17:31	15	1	16
7	Alison	Wood	01:18:58	14	1	15
8	Morag	Casey	01:22:53	13		13
9	Amy	Cromarty	01:27:38	12	1	13
10	Ann	Boal	01:28:06	11		11
11	Caroline	Dow	01:33:05	10		10

Men's Results

Position	Firstname	Surname	Race Time	League Pts	PB?	Total
1	Euan	Geddes	00:58:19	20	1	21
2	Patrick	Gibbons	01:03:57	19	1	20
3	Craig	Marsden	01:12:04	18		18
4	Norman	Baillie	01:12:16	17		17
5	Stefan	Kuhr	01:17:08	16		16
6	David	Geddes	01:19:56	15		15
7	David	Hamill	01:20:37	14		14
8	Paul	Coia	01:22:55	13		13
9	Raghibir	Singh	01:40:04	12		12

Event 10: Great Scottish Run Half Marathon
October 2, 2016

Women's Results

Position	Firstname	Surname	Race Time	League Pts	PB?	Total
1	Katie	White	01:15:39	20	1	21
2	Mairi	Stanley	01:27:28	19		19
3	Fiona	Martin	01:38:54	18	1	19
4	Moirra	Young	01:39:50	17		17
5	Alison	Wood	01:43:56	16		16
6	Morag	Casey	01:46:04	15	1	16
7	Barbara	Anderson	01:46:14	14		14
8	Linda	Kennedy	01:52:15	13		13
9	Lynette	Harkins	01:59:15	12		12
10	Amy	Cromarty	01:59:41	11		11

Men's Results

Position	Firstname	Surname	Race Time	League Pts	PB?	Total
1	Del	Young	01:10:54	20	1	21
2	Garry	Mathew	01:12:04	19	1	20
3	Donald	McPartin	01:13:10	18	1	19
4	Euan	Geddes	01:13:51	17	1	18
5	Alasdair	Maciver	01:15:38	16		16
6	Finlay	Finlay	01:17:18	15		15
7	Timothy	Martin	01:17:55	14	1	15
8	Paul	McMahon	01:21:51	13		13
9	Alan	Blair	01:22:15	12		12
10	Ian	Thomson	01:22:29	11		11
11	Duncan	McKellar	01:22:46	10	1	11
12	Patrick	Gibbons	01:24:23	9	1	10
13	Paul	O'Brien	01:27:43	8		8
14	David	McCartney	01:31:05	7	1	8
15	Craig	Marsden	01:31:17	6	1	7
16	Stuart	Brown	01:33:56	5		5
17	Paul	Cooke	01:36:25	4		4
18	Stefan	Kuhr	01:38:36	3		3
19	Nicholas	Parker	01:42:06	2		2
20	Tariq	Abdullah	01:42:52	1		1
21	David	Hamill	01:43:58	1		1
22	Timothy	Brown	01:44:22	1		1
23	Craig	Brown	01:48:15	1		1
24	Gregg	Adam	02:02:47	1		1

Event 11: Any Marathon Worldwide
Final Standings: October 30, 2016

Women's Results

Position	Firstname	Surname	Race Time	League Pts	PB?	Total	Where?
1	Katie	White	02:47:40	20	1	21	Edinburgh_160531
2	Mairi	Stanley	03:12:21	19	1	20	London_160424
3	Daisy	Ochoa	03:36:03	18	1	19	Edinburgh_160531
4	Christie	Brockway	03:40:35	17	1	18	Edinburgh_160531
5	Moir	Young	03:42:16	16		16	London_160424
6	Maureen	Macleod	03:45:30	15		15	London_160424
7	Irene	Vezza	04:04:58	14		14	London_160424
8	Alison	Wood	04:10:31	13		13	Manchester_160410
9	Linda	Kennedy	04:10:42	12		12	London_160424
10	Ann	Clanachan	04:31:19	11		11	London_160424

Men's Results

Position	Firstname	Surname	Race Time	League Pts	PB?	Total	Where?
1	Euan	Geddes	02:38:02	20	1	21	Chicago_151011
2	Donald	McPartlin	02:40:01	19	1	20	Berlin_160925
3	Alan	Blair	02:46:50	18		18	GlasgowClyde_160828
4	Garry	Mathew	02:48:08	17	1	18	GlasgowClyde_160828
5	Stephen	Porteous	02:48:21	16	1	17	Strathern_160611
6	Alasdair	Maciver	02:48:45	15		15	LochNess_160925
7	John	Murray	02:58:55	14	1	15	Budapest_151011
8	Craig	Shields	02:58:59	13	1	14	GlasgowClyde_160828
9	Robert	McLennan	02:59:16	12		12	London_160424
10	Alexander	Chalmers	03:00:21	11		11	GlasgowClyde_160828
11	Simon	Sheridan	03:00:47	10	1	11	London_160424
12	Athole	Smith	03:08:51	9		9	Chicago_151011
13	Ross	McMillan	03:26:16	8	1	9	Manchester_160410
14	Craig	Melville	03:27:30	7		7	Manchester_160410
15	Patrick	Gibbons	03:30:35	6		6	London_160424
16	Nicholas	Parker	03:30:51	5	1	6	Manchester_160410
17	Allan	Jenkins	03:38:39	4		4	London_160424
18	Alasdair	MacMillan	03:40:37	3		3	Boston_160418
19	Allan	Wallace	03:43:14	2		2	Manchester_160410
20	Craig	Brown	03:52:06	1		1	Brighton_160417
21	David	Campbell	04:10:04	1	1	2	London_160424

Rules

Rule 1: Male and Female Leagues and Eligibility

The competition will have Male and Female leagues and will be open to all members of the club who are eligible to compete in UKA age category U20 and upwards.

Rule 2: Number of Races

There will be 11 races in total in the competition, including any marathon worldwide.

Rule 3: Points

- (a) League points – points will be allocated on the basis of 20 points for first place down to 1 point for twentieth place (and all lower places) in respect of each competitor's best 6 performances in qualifying races.
- (b) Participation Points – in addition, runners will be awarded 1 point for competing in each qualifying race irrespective of their position in the race. For example, a competitor running nine races will be awarded nine participation points plus the league points for their best six performances.
- (c) Personal Bests – one point will be awarded for a personal best (PB) for all league events except the Henderson Cup. This is in addition to points awarded as detailed above, subject to runners notifying moragcasey@gmail.com.

Rule 4: Race Results and Chip Timing

Only official race results will count. Where chip timing is used in a race, league points will be based on chip times rather than gun times.

Rule 5: League Tables League tables will show the points awarded for the best six performances calculated in accordance with Rule 3(a) and all points awarded in accordance with Rules 3(b) and 3(c). Points earned in all races are provisional until the conclusion of the competition.

Rule 6: Marathon Races

Only a competitor's best performance achieved during the period 1st October 2015 – 30th September 2016 in a marathon race will count for League Points.

Rule 7: Handicapped Races

The following races will be handicapped and league points for these races will be awarded on the basis of the competitor's finishing position in the handicap not the scratch position:

1. Clydebank 10k.
2. Charlie Kilshaw Memorial Race (5 miles).
3. Henderson Cup Cross Country (6 miles).

Rule 8: Club Vests Club vests must be worn.

Rule 9: Competing for another Club

No points will be awarded to a member in respect of a race where that member has competed for another club.

Rule 10: Running with Another Competitor's Race Number

No points will be awarded to a member in respect of any race in which the member has raced with another competitor's race number.

Rule 11: Prizes

Prizes will be awarded for 1st (£50), 2nd (£30) and 3rd (£20) places in both Male and Female Leagues.

Rule 12: Eligibility for Prizes

No prize will be awarded to a member whose subscriptions are not paid up to date on 1st July 2016.

Results and Corrections

Interim scores will be published as soon as possible after each qualifying race and are subject to change until the final day of the competition. Corrections should be emailed to moragcasey@gmail.com.

Fixtures

Event	Date	Race	Details
1	Sunday 10/04/16	Tom Tom Scott Memorial Race (10 miles)	www.tomscottroadraces.com/
2	Saturday 23/04/16	Victoria Parkrun (5 km)	www.parkrun.org.uk/victoria
3	Thursday 19/05/16	Clydebank 10k	www.polaroid-10k.co.uk (HANDICAPPED)
4	Thursday 26/05/16	Dumbarton 10k	www.polaroid-10k.co.uk Club 5k Championships
5	Tuesday 31/05/16	Garscube Track 5k	St Peter the Apostle track – club event. Club 5k Championships
6	Thursday 16/06/16	Kirkintilloch 10k	www.entrycentral.com
7	Thursday 14/07/16	Charlie Kilshaw Memorial Race (5 miles)	Milngavie Reservoirs – club event. (HANDICAPPED)
8	Thursday 11/08/16	Henderson Cup Off Road (6 miles)	Garscube Estate – club event. (HANDICAPPED)
9	Sunday 11/09/16	Around Cumbrae Road Race (10 miles)	www.entrycentral.com
10	Sunday 02/10/16	Great Scottish Run Half Marathon	www.greatscottishrun.com Club Half Marathon Championships.
11	From 01/10/2015 to 30/09/2016	Any marathon worldwide	Positions based on finishing times. Club Marathon Championships.