

### Summer League 2023 Events Issue 3

Event No	Date	Event
1	02 April	Tom Scott 10 mile - Strathclyde Park
2	16 April	British Masters 10k Championship. Round the Houses. Grangemouth.
3	25 April	DAAA 5K Track Championship
4	03 May	Snowball 5 mile. SVHC Event
5	05 May	Scottish 5k Road Race Championship. Club 5k Road Championship Silverknowes Edinburgh.
6	14 May	Babcock Shettleston 10k Scottish 10K Championship
7	25 May	Dumbarton 10km Club 10k Championship
8	03 June	Club WHW Team Race
9	05 June	Club 5k Track Championship
10	28 June	SVHC 5k Road Championship
11	20 July	Charlie Kilshaw 5mile Milngavie Waterworks
12	30 July	Around Cumbrae 10m, Millport
13	08 August	Club 1 mile Track Championship
14	12 August	Weem Hill Race
15	17 August	Henderson Cup - 10k Trail/Off Road.
16	09 September	Springburn Parkrun
17	01 October	Glasgow Half Marathon Incorporating: Club Half Marathon Championship
18	01 October 2022 - 30 September 2023	Any Marathon Worldwide

#### Club WHW Team Race rules

The following rules have been proposed by the WHW organising committee:

The plan is to have 4 teams.

12 points for winning team

9 points for second team

6 points for third team

3 points for fourth team

An extra 4 points to the individual leg winners, 3 points for second, 2 points for third and 1 point for fourth.

All volunteers not running receive 4 points.

There should be no objection to the WHW event as athletes have 17 events to choose from.