

# Garscube Harriers Winter League



2018-2019

#### **Notes**

- Each column in the tables below contains the league points for each race; someone
  having come first in a race would have earned 20 league points, someone having
  come second, 19 league points and so. In addition, 1 participation point is awarded
  for each race run. The total number of points is the sum of these two and is shown
  for each competitor at the end the row.
- In the event that a competitor has completed more than six events, the cell in the third column from the right shall be highlighted and the performance(s) with the lowest league points struck from the record.
- Rules and fixtures can be found at the end of this document.
- Please notify any corrections or omissions to <a href="mailto:kt\_m\_white@hotmail.com">kt\_m\_white@hotmail.com</a>

### Women's League Standings – 17 March 2019

Position	First name	Surname	Neil McCover HM	West District XC Relays	DAAA XC Relays	National XC Relays	National Short Course XC	DAAA XC Championships	West District XC	National XC Champs	National XC Champs	Balloch to Clydebank HM	Top 6 races only?	Participation Points	League Points
1	Katie	White	20				20	20	20	20	16			6	122
2	Chloe	McAdam	19	18		17	16	17	17	15	9	16	TOP 6	9	113
3	Holly	Maciver		17	18	15		18	18	18	14		TOP 6	7	111
4	Martha	Lovatt		14	19	17	14	15	14	14	15	17	TOP 6	9	106
5	Lesley	Chisholm		20		20	19	19	19					5	102
6	Yvonne	Burgess		19		19	18	16		17	6			6	101
7	Laura	Gray			20	18	17			13	4	18		6	96
8	Aileen	Wilson			16			13		20	20	15		5	89
9	Casey	Thompson		9		11			6	19	19			5	69
10	Alison	Wood		12		13	13		10	3	1	10	TOP 6	7	68
11	Ann	White		13	17		12		9	5	5			6	67
12	Mary	Senior		16		14	15			11	2			5	63
12	Kirsten	Mathew		6	15	6			3	1	18	8	TOP 6	7	63
14	Morag	Casey		11		9	10		8	6	11			6	61
15	Amy	Cromarty		8		9	11	12	7					5	52
16	Elsie	MacDonald							16	19	12			3	50
16	Arlene	Lewis							13	17	17	-00		3	50
18	Debbie	Martin-Consani				40		14	11	40	-	20		3	48
19	Catriona	Padmanabhan		7	40	12	_	0	12	12	7		TODG	4	47
20	Liz	Short		7	13	2	5 4	9	1	1	1		TOP 6	8	45
21 22	Barbara Alison	Watt Rutherford		5 10	14	5	4		2	1	1 8	6		6 5	36 32
				10			0			1		О			
23 24	Mary	Cox				3	9	10	5	3	10			4	31
25	Caroline Theresa	Miln				3	О	10	1 4	1	13			6 3	28 21
25	Alison	Condie				4	7		1	1	3			5	21
27	Gillian	Blee				4			ı	ı	3	19		1	20
28	Shauna	McMullan	18									19		1	19
28	Lynette	Harkins	10							1	1	14		3	19
30	Claire	Tippett								4	1	9		3	17
31	Anne	Sillars							15	-		J		1	16
31	Fiona	Maurer		15					. 3					1	16
33	Lindsay	Davidson										13		1	14
34	Claire	Robertson		4		7						. •		2	13
34	Suzanne	Rae								10	1			2	13
34	Linda	Lapp										12		1	13
37	Melanie	Carmichael								1	1	7		3	12
37	Isobel	Martin										11		1	12
37	Mairi	Lathan						11						1	12
40	Claire	McKeown					8		1					2	11
40	Amanda	Connelly				10								1	11
42	Kathryn	Scott								7	1			2	10

43	Irene	Vezza					1	1		2	4
43	Joanne	Robertson					1	1		2	4
43	Joanne	Robertson					1	1		2	4
43	Ann	Boal					1	1		2	4
47	Emma	Waine				1				1	2
47	Jennifer	Sorbie				1				1	2
47	Ann	Clanachan				1				1	2

### Men's League Standings – 17 March 2019

Position	First name	Surname	Neil McCover HM	West District XC Relays	DAAA XC Relays	National XC Relays	National Short Course XC	DAAA XC Championships	West District XC Championships	National XC Champs (Scratch)	National XC Champs (Handican)	Balloch to Clydebank HM	Top 6 races only?	Participation Points	League Points
1	Garry	Mathew		19	20	20	20		20	18	1		TOP 6	7	124
2	John	Coyle		18	17	18	19	19		19	8		TOP 6	7	117
3	Daniel	Scroop		17	16	17		17	16	15	4		TOP 6	7	105
4	Alexander	Chalmers	18	13		15	15		17	16	3		TOP 6	7	101
5	Marco	Consani				14		16	18	17	15	14		6	100
6	Gavin	Hinde	17	11	15	13	10	14	14	12	9	15	TOP 6	10	98
7	James	MacLeod		15	18	16	18	18						5	90
8	Duncan	McKellar		12		12	12	15	15	13	5		TOP 6	7	86
9	John	Murray		9	14	11		10	13	8	16		TOP 6	7	80
10	Donald	McPartlin		20					19	20	11			4	74
11	Stephen	Porteous		14	19		16	20						4	73
11	Alexander	Chisholm		9		7	8	13	11	11	14		TOP 6	7	73
13	Mark	Thistlethwaite	15	4	13	8	8	8	8	5	7	3	TOP 6	10	70
14	Ade	Kearns		1	7	1	1	5	6	1	19	18	TOP 6	9	65
14	Gavin	Harvie					5	11	9	7	10	17		6	65
16	Stephen	Craig	16		10	1	1	6	7	2	13	2	TOP 6	9	63
17	Mattia	Mancinelli						9	12	6	18	9		5	59
18	Nicholas	Heaney		16		19						20		3	58
19	Finlay	Finlay	20				13					13		3	49
20	David	Carr		6	11		9			4	2	6		6	44
21	Robert	Morrison						12		9	17			3	41
21	David	McKay		7		10	6		10	1	1			6	41
23	David	Lindsay	19				17							2	38
24	Craig	Shields					14		_	10	1			3	28
24	David	Dickson							4	1	20			3	28
26	Gary	McQueen			12			_				12		2	26
26	Alan	McIntosh	14	1		1	_	4	_	4		1	TODA	5	26
28	Peter	Scott		1		3	2		5	1	1	5	TOP 6	7	24
29	Andrew	Cook		2	9	5				1	1			5	23
30	Grant	MacDonald								14	6	40		2	22
31	Simon	Sheridan								4	4	19		1	20
31	lain	McFarlane				6	4			1	1	8		4	20
33	Allan	Jenkins				4	1		4	4	10	16		2	19
33 35	David	Esler		1		1	1	3	1 3	1	12	1	TODG	4 8	19
	Craig	Brown		I		ı	I	3	3	3	1	10	TOP 6		18
36	David	Butterly		5		9				3	ı	10		3	17
37 37	Robert	McLennan		3		9				1	4	11		3	16
37	David	Hamill Goldie				1	1	7		1	1	17		5	16
40	Gary	McLaughlin	12				l	1		ſ	ı				16
	John		13		0	1	1							1	14
41	Jim Peter	McAneny Dow			8	1	1	2	1	1	1			3 6	13 13

41	Mark	Cathro			3	1	2	1	1		5	13
44	lan	Thomson				11					1	12
45	Keith	Wall	3		4	1					3	11
45	Athole	Smith	1	6		1					3	11
45	Charles	Gordon	10								1	11
48	Martin	Egan	1		1	1		1	1		5	10
49	Duncan	Robertson						1	1	4	3	9
50	Thomas	McKay		5	1						2	8
50	Stuart	Donald	1		1			1	1		4	8
50	Paul	Collins			1	1		1	1		4	8
50	David	Campbell								7	1	8
50	Jim	Boyle	1		1	1	1				4	8
55	Raghbir	Singh		4	1						2	7
56	Kristan	Alexander						1	1	1	3	6
56	David	Heppell	1		1	1					3	6
56	Kevin	Gilfillan			1			1	1		3	6
56	David	Geddes				1		1	1		3	6
56	Robert	Cuthbertson		3	1						2	6
61	Graham	Andrew				4					1	5
62	Andy	Downey						1	1		2	4
62	Kris	Carroll				3					1	4
62	Allan	Wallace						1	1		2	4
62	Craig	Marsden						1	1		2	4
62	Robbie	Drummond			3						1	4
62	Jeremy	Couling						1	1		2	4
62	Norman	Baillie	1			1					2	4
69	Mikey	Allan								1	1	2
69	lain	Paterson								1	1	2
69	Alasdair	MacKay			1						1	2
69	George	Innes								1	1	2
69	Stephen	Cullen				1					1	2
69	Paul	Coia								1	1	2

# Event 1: Neil McCover Half Marathon 7 October 2018

#### Women's results

Position	First name	Surname	Race Time	League Pts
1	Katie	White	01:23:30	20
2	Chloe	McAdam	01:42:51	19
3	Shauna	McMullan	01:55:10	18

Position	First name	Surname	Race Time	League Pts
1	Finlay	Finlay	01:17:20	20
2	David	Lindsay	01:19:41	19
3	Alexander	Chalmers	01:20:32	18
4	Gavin	Hinde	01:22:34	17
5	Stephen	Craig	01:33:55	16
6	Mark	Thistlethwaite	01:35:22	15
7	Alan	McIntosh	01:35:37	14
8	John	McLaughlin	01:42:03	13

# Event 2: West District Relays 13 October 2018

Position	First name	Surname	Race Time	League Pts
1	Lesley	Chisholm	00:15:48	20
2	Yvonne	Burgess	00:17:47	19
3	Chloe	McAdam	00:18:30	18
4	Holly	Maciver	00:18:34	17
5	Mary	Senior	00:18:36	16
6	Fiona	Maurer	00:18:52	15
7	Martha	Lovatt	00:19:03	14
8	Ann	White	00:19:17	13
9	Alison	Wood	00:19:26	12
10	Morag	Casey	00:20:01	11
11	Alison	Rutherford	00:20:21	10
12	Casey	Thompson	00:20:31	9
13	Amy	Cromarty	00:20:38	8
14	Liz	Short	00:20:53	7
15	Kirsten	Mathew	00:21:54	6
16	Barbara	Watt	00:24:12	5
17	Claire	Robertson	00:25:57	4

Position	First name	Surname	Race Time	League Pts
1	Donald	McPartlin	00:13:27	20
2	Garry	Mathew	00:13:52	19
3	John	Coyle	00:14:25	18
4	Daniel	Scroop	00:14:39	17
5	Nicholas	Heaney	00:14:49	16
6	James	MacLeod	00:14:52	15
7	Stephen	Porteous	00:14:56	14
8	Alexander	Chalmers	00:15:13	13
9	Duncan	McKellar	00:15:26	12
10	Gavin	Hinde	00:15:27	11
11	Charles	Gordon	00:16:24	10
12	John	Murray	00:16:28	9
12	Alexander	Chisholm	00:16:28	9
14	David	McKay	00:16:35	7
15	David	Carr	00:16:46	6
16	Robert	McLennan	00:16:51	5
17	Mark	Thistlethwaite	00:16:58	4
18	Keith	Wall	00:17:01	3
19	Andrew	Cook	00:17:04	2
20	Athole	Smith	00:17:10	1
21	Alan	McIntosh	00:17:28	1
22	Peter	Scott	00:17:55	1
23	Stuart	Donald	00:18:12	1
24	Ade	Kearns	00:18:23	1
25	Craig	Brown	00:18:49	1
26	Norman	Baillie	00:19:05	1
27	Jim	Boyle	00:19:50	1
28	Martin	Egan	00:20:35	1
29	David	Heppell	00:27:02	1

# Event 3: DAAA Relays 20 October 2018

#### Women's results

Position	First name	Surname	Race Time	League Pts
		0	00.40.00	00
1	Laura	Gray	00:18:23	20
2	Martha	Lovatt	00:18:53	19
3	Holly	Maciver	00:19:01	18
4	Ann	White	00:19:55	17
5	Aileen	Wilson	00:20:28	16
6	Kirsten	Mathew	00:22:44	15
7	Barbara	Watt	00:24:40	14
8	Liz	Short	00:26:44	13

Position	First name	Surname	Race Time	League Pts
1	Garry	Mathew	00:14:21	20
2	Stephen	Porteous	00:14:57	19
3	James	MacLeod	00:15:01	18
4	John	Coyle	00:15:06	17
5	Daniel	Scroop	00:15:26	16
6	Gavin	Hinde	00:15:53	15
7	John	Murray	00:16:31	14
8	Mark	Thistlethwaite	00:16:42	13
9	Gary	McQueen	00:16:50	12
10	David	Carr	00:17:00	11
11	Stephen	Craig	00:17:27	10
12	Andrew	Cook	00:17:51	9
13	Jim	McAneny	00:18:01	8
14	Ade	Kearns	00:18:40	7
15	Athole	Smith	00:18:49	6
16	Thomas	McKay	00:23:15	5
17	Raghbir	Singh	00:28:15	4
18	Robert	Cuthbertson	00:31:17	3

# Event 4: National XC Relays 27 October 2018

Position	First name	Surname	Race Time	League Pts
1	Lesley	Chisholm	00:14:26	20
2	Yvonne	Burgess	00:16:15	19
3	Laura	Gray	00:16:44	18
4	Chloe	McAdam	00:16:57	17
4	Martha	Lovatt	00:16:57	17
6	Holly	Maciver	00:16:59	15
7	Mary	Senior	00:17:08	14
8	Alison	Wood	00:17:38	13
9	Catriona	Padmanabhan	00:18:22	12
10	Casey	Thompson	00:18:30	11
11	Amanda	Connelly	00:18:32	10
12	Amy	Cromarty	00:18:35	9
12	Morag	Casey	00:18:35	9
14	Claire	Robertson	00:19:01	7
15	Kirsten	Mathew	00:20:19	6
16	Barbara	Watt	00:22:10	5
17	Alison	Condie	00:22:40	4
18	Caroline	Dow	00:22:43	3
19	Liz	Short	00:23:31	2

Position	First name	Surname	Race Time	League Pts
				J
1	Garry	Mathew	00:13:04	20
2	Nicholas	Heaney	00:13:35	19
3	John	Coyle	00:13:36	18
4	Daniel	Scroop	00:13:40	17
5	James	MacLeod	00:13:41	16
6	Alexander	Chalmers	00:14:18	15
7	Marco	Consani	00:14:24	14
8	Gavin	Hinde	00:14:29	13
9	Duncan	McKellar	00:14:30	12
10	John	Murray	00:15:02	11
11	David	McKay	00:15:13	10
12	Robert	McLennan	00:15:14	9
13	Mark	Thistlethwaite	00:15:15	8
14	Alexander	Chisholm	00:15:19	7
15	lain	McFarlane	00:15:35	6
16	Andrew	Cook	00:15:46	5
17	Keith	Wall	00:15:57	4
18	Peter	Scott	00:16:12	3
18	Robbie	Drummond	00:16:12	3
18	Mark	Cathro	00:16:12	3
21	Stephen	Craig	00:16:13	1
22	Alan	McIntosh	00:16:31	1
22	Jim	McAneny	00:16:31	1
22	Stuart	Donald	00:16:31	1
25	Gary	Goldie	00:16:34	1
26	Craig	Brown	00:16:36	1
27	Ade	Kearns	00:17:09	1
28	Kevin	Gilfillan	00:17:15	1
29	Jim	Boyle	00:18:19	1
30	Paul	Collins	00:18:45	1
31	Martin	Egan	00:19:07	1
32	David	Esler	00:19:18	1
33	Peter	Dow	00:19:56	1
34	Alasdair	MacKay	00:20:48	1
35	Thomas	McKay	00:21:15	1
36	David	Heppell	00:24:30	1
37	Raghbir	Singh	00:25:58	1
38	Robert	Cuthbertson	00:29:38	1

# **Event 5: National Short Course 10 November 2018**

Position	First name	Surname	Race Time	League Pts
1	Katie	White	00:14:33	20
2	Lesley	Chisholm	00:14:38	19
3	Yvonne	Burgess	00:16:24	18
4	Laura	Gray	00:16:30	17
5	Chloe	McAdam	00:16:47	16
6	Mary	Senior	00:16:49	15
7	Martha	Lovatt	00:17:16	14
8	Alison	Wood	00:17:29	13
9	Ann	White	00:17:56	12
10	Amy	Cromarty	00:18:46	11
11	Morag	Casey	00:19:00	10
12	Mary	Cox	00:19:58	9
13	Claire	McKeown	00:20:53	8
14	Alison	Condie	00:21:25	7
15	Caroline	Dow	00:21:48	6
16	Liz	Short	00:22:18	5
17	Barbara	Watt	00:22:47	4

Position	First name	Surname	Race Time	League Pts
1	Garry	Mathew	00:12:46	20
2	John	Coyle	00:13:31	19
3	James	MacLeod	00:13:38	18
4	David	Lindsay	00:13:45	17
5	Stephen	Porteous	00:13:51	16
6	Alexander	Chalmers	00:14:01	15
7	Craig	Shields	00:14:06	14
8	Finlay	Finlay	00:14:23	13
9	Duncan	McKellar	00:14:30	12
10	lan	Thomson	00:14:33	11
11	Gavin	Hinde	00:14:38	10
12	David	Carr	00:15:13	9
13	Mark	Thistlethwaite	00:15:14	8
13	Alexander	Chisholm	00:15:14	8
15	David	McKay	00:15:16	6
16	Gavin	Harvie	00:15:18	5
17	Graham	Andrew	00:15:24	4
18	Kris	Carroll	00:15:53	3
19	Peter	Scott	00:15:57	2
20	Keith	Wall	00:15:58	1
21	Stephen	Craig	00:16:00	1
22	Mark	Cathro	00:16:08	1
23	Gary	Goldie	00:16:09	1
23	Craig	Brown	00:16:09	1
25	Jim	McAneny	00:16:14	1
26	Athole	Smith	00:16:18	1
27	Ade	Kearns	00:16:28	1
28	Norman	Baillie	00:18:02	1
29	Jim	Boyle	00:18:16	1
30	Paul	Collins	00:18:41	1
31	Martin	Egan	00:18:46	1
32	Allan	Jenkins	00:19:07	1
33	Peter	Dow	00:19:28	1
34	David	Geddes	00:21:02	1
35	Stephen	Cullen	00:21:56	1
36	David	Heppell	00:23:41	1

## **Event 6: DAAA XC**

#### **24 November 2018**

Position	First name	Surname	Race Time	League Pts
1	Katie	White	00:22:29	20
2	Lesley	Chisholm	00:22:54	19
3	Holly	Maciver	00:26:27	18
4	Chloe	McAdam	00:26:35	17
5	Yvonne	Burgess	00:26:43	16
6	Martha	Lovatt	00:27:36	15
7	Debbie	Martin-Consani	00:28:35	14
8	Aileen	Wilson	00:29:02	13
9	Amy	Cromarty	00:30:35	12
10	Mairi	Lathan	00:31:02	11
11	Caroline	Dow	00:36:45	10
12	Liz	Short	00:37:50	9

Position	First name	Surname	Race Time	League Pts
1	Stephen	Porteous	00:33:09	20
2	John	Coyle	00:33:40	19
3	James	MacLeod	00:33:46	18
4	Daniel	Scroop	00:34:29	17
5	Marco	Consani	00:35:01	16
6	Duncan	McKellar	00:35:17	15
7	Gavin	Hinde	00:36:01	14
8	Alexander	Chisholm*	00:24:26	13
9	Robert	Morrison	00:36:41	12
10	Gavin	Harvie	00:37:16	11
11	John	Murray	00:37:40	10
12	Mattia	Mancinelli	00:38:10	9
13	Mark	Thistlethwaite	00:38:36	8
14	Gary	Goldie	00:39:33	7
15	Stephen	Craig	00:39:57	6
16	Ade	Kearns	00:40:56	5
17	Alan	McIntosh	00:41:12	4
18	Craig	Brown	00:42:20	3
19	Peter	Dow*	00:31:24	2

<sup>\*</sup>Shows position with time adjusted for 3 laps

# Event 7: West District XC 8 December 2018

Position	First name	Surname	Race Time	League Pts
1	Katie	White	00:35:45	20
2	Lesley	Chisholm	00:36:17	19
3	Holly	Maciver	00:41:07	18
4	Chloe	McAdam	00:41:16	17
5	Elsie	MacDonald	00:41:55	16
6	Anne	Sillars	00:42:13	15
7	Martha	Lovatt	00:42:22	14
8	Arlene	Lewis	00:43:34	13
9	Catriona	Padmanabhan	00:43:40	12
10	Debbie	Martin-Consani	00:44:36	11
11	Alison	Wood	00:45:16	10
12	Ann	White	00:45:24	9
13	Morag	Casey	00:46:50	8
14	Amy	Cromarty	00:47:40	7
15	Casey	Thompson	00:47:59	6
16	Mary	Cox	00:48:55	5
17	Theresa	Miln	00:49:10	4
18	Kirsten	Mathew	00:49:17	3
19	Alison	Rutherford	00:49:44	2
20	Emma	Waine	00:49:46	1
21	Jennifer	Sorbie	00:51:21	1
22	Claire	McKeown	00:52:05	1
23	Alison	Condie	00:54:59	1
24	Liz	Short	00:56:44	1
25	Caroline	Dow	00:57:02	1
26	Ann	Clanachan	01:03:07	1

Position	First name	Surname	Race Time	League Pts
1	Garry	Mathew	00:32:59	20
2	Donald	McPartlin	00:33:54	19
3	Marco	Consani	00:35:43	18
4	Alexander	Chalmers	00:35:49	17
5	Daniel	Scroop	00:35:57	16
6	Duncan	McKellar	00:36:53	15
7	Gavin	Hinde	00:37:47	14
8	John	Murray	00:38:10	13
9	Mattia	Mancinelli	00:38:19	12
10	Alexander	Chisholm	00:38:48	11
11	David	McKay	00:38:55	10
12	Gavin	Harvie	00:39:02	9
13	Mark	Thistlethwaite	00:40:03	8
14	Stephen	Craig	00:41:22	7
15	Ade	Kearns	00:41:56	6
16	Peter	Scott	00:42:40	5
17	David	Dickson	00:42:45	4
18	Craig	Brown	00:43:59	3
19	Mark	Cathro	00:44:22	2
20	Jim	Boyle	00:47:27	1
21	Peter	Dow	00:49:20	1
22	David	Esler	00:49:55	1

# Event 8: National XC 23 February 2019

Position	First name	Surname	Race Time	League Pts
1	Katie	White	00:40:54	20
2	Elsie	MacDonald	00:49:36	19
3	Holly	Maciver	00:49:53	18
4	Arlene	Lewis	00:50:00	17
4	Yvonne	Burgess	00:50:00	17
6	Chloe	McAdam	00:50:09	15
7	Martha	Lovatt	00:50:19	14
8	Laura	Gray	00:50:53	13
9	Catriona	Padmanabhan	00:52:39	12
10	Mary	Senior	00:52:55	11
11	Suzanne	Rae	00:53:25	10
12	Casey	Thompson	00:53:49	9
13	Aileen	Wilson	00:54:20	8
14	Kathryn	Scott	00:54:45	7
15	Morag	Casey	00:54:50	6
16	Ann	White	00:55:33	5
17	Claire	Tippett	00:57:07	4
18	Alison	Wood	00:57:29	3
18	Mary	Cox	00:57:29	3
20	Theresa	Miln	00:57:39	1
21	Melanie	Carmichael	00:58:06	1
22	Kirsten	Mathew	00:58:34	1
23	Alison	Rutherford	00:58:47	1
24	Irene	Vezza	01:03:06	1
25	Joanne	Robertson	01:04:31	1
26	Ann	Boal	01:05:06	1
27	Alison	Condie	01:06:08	1
28	Lynette	Harkins	01:08:12	1
29	Barbara	Watt	01:10:23	1
30	Caroline	Dow	01:11:41	1
31	Liz	Short	01:15:13	1

Position	First name	Surname	Race Time	League Pts
1	Donald	McPartlin	00:38:30	20
•				
2	John	Coyle	00:40:42	19
3	Garry	Mathew	00:40:58	18
4	Marco	Consani	00:41:19	17
5	Alexander	Chalmers	00:42:18	16
6	Daniel	Scroop	00:42:34	15
7	Grant	MacDonald	00:43:04	14
8	Duncan	McKellar	00:43:17	13
9	Gavin	Hinde	00:43:27	12
10	Alexander	Chisholm	00:44:16	11
11	Craig	Shields	00:44:19	10
12	Robert	Morrison	00:44:34	9
13	John	Murray	00:44:39	8
14	Gavin	Harvie	00:44:40	7
15	Mattia	Mancinelli	00:44:57	6
16	Mark	Thistlethwaite	00:46:35	5
17	David	Carr	00:47:05	4
18	David	Butterly	00:47:10	3
19	Stephen	Craig	00:47:25	2
20	Duncan	Robertson	00:47:41	1
21	Ade	Kearns	00:48:23	1
22	David	McKay	00:48:24	1
23	Gary	Goldie	00:48:29	1
24	David	Dickson	00:48:31	1
25	lain	McFarlane	00:48:52	1
26	Peter	Scott	00:49:17	1
27	Andrew	Cook	00:49:53	1
28	Andy	Downey	00:50:02	1
29	Jeremy	Couling	00:51:11	1
30	Mark	Cathro	00:51:41	1
31	Craig	Brown	00:51:48	1
32	Stuart	Donald	00:51:56	1
33	Craig	Marsden	00:52:49	1
34	Allan	Wallace	00:53:54	1
35	Kevin	Gilfillan	00:54:02	1

36	David	Hamill	00:54:23	1
37	Kristan	Alexander	00:54:53	1
38	David	Esler	00:55:55	1
39	Martin	Egan	00:56:39	1
40	Paul	Collins	00:57:33	1
41	Peter	Dow	01:00:08	1
42	David	Geddes	01:01:00	1

### Event 9: National XC (Handicapped) 23 February 2019

Position	First name	Surname	League Pts
1	Aileen	Wilson	20
2	Casey	Thompson	19
3	Kirsten	Mathew	18
4	Arlene	Lewis	17
4	Katie	White	16
6	Martha	Lovatt	15
7	Holly	Maciver	14
8	Theresa	Miln	13
9	Elsie	MacDonald	12
10	Morag	Casey	11
11	Mary	Cox	10
12	Chloe	McAdam	9
13	Alison	Rutherford	8
14	Catriona	Padmanabhan	7
15	Yvonne	Burgess	6
16	Ann	White	5
17	Laura	Gray	4
18	Alison	Condie	3
18	Mary	Senior	2
20	Barbara	Watt	1
21	Alison	Wood	1
22	Caroline	Dow	1
23	Suzanne	Rae	1
24	Kathryn	Scott	1
25	Joanne	Robertson	1
26	Claire	Tippett	1
27	Liz	Short	1
28	Irene	Vezza	1
29	Ann	Boal	1
30	Lynette	Harkins	1
31	Melanie	Carmichael	1

Position	First name	Surname	League Pts
	D 11	D: I	0.0
1	David	Dickson	20
2	Ade	Kearns	19
3	Mattia	Mancinelli	18
4	Robert	Morrison	17
5	John	Murray	16
6	Marco	Consani	15
7	Alexander	Chisholm	14
8	Stephen	Craig	13
9	David	Esler	12
10	Donald	McPartlin	11
11	Gavin	Harvie	10
12	Gavin	Hinde	9
13	John	Coyle	8
14	Mark	Thistlethwaite	7
15	Grant	MacDonald	6
16	Duncan	McKellar	5
17	Daniel	Scroop	4
18	Alexander	Chalmers	3
19	David	Carr	2
20	Jeremy	Couling	1
21	Peter	Scott	1
22	Gary	Goldie	1
23	David	Butterly	1
24	Martin	Egan	1
25	David	Geddes	1
26	Andrew	Cook	1
27	Garry	Mathew	1
28	Craig	Brown	1
29	Stuart	Donald	1
30	Peter	Dow	1
31	Duncan	Robertson	1
32	David	McKay	1
33	Mark	Cathro	1
34	Craig	Shields	1
35	Paul	Collins	1

36	lain	McFarlane	1
37	Kevin	Gilfillan	1
38	David	Hamill	1
39	Craig	Marsden	1
40	Allan	Wallace	1
41	Kristan	Alexander	1
41	Andy	Downey	1

### Event 10: Balloch to Clydebank Half Marathon 10 March 2019

#### Women's results (age-adjusted times)

Position	First name	Surname	Race Time	League Pts
1	Debbie	Martin-Consani	01:32:10	20
2	Gillian	Blee	01:32:51	19
3	Laura	Gray	01:33:04	18
4	Martha	Lovatt	01:37:49	17
5	Chloe	McAdam	01:41:27	16
6	Aileen	Wilson	01:42:06	15
7	Lynette	Harkins	01:43:50	14
8	Lindsay	Davidson	01:45:49	13
9	Linda	Lapp	01:46:49	12
10	Isobel	Martin	01:46:53	11
11	Alison	Wood	01:47:21	10
12	Claire	Tippett	01:49:18	9
13	Kirsten	Mathew	01:51:24	8
14	Melanie	Carmichael 01:53:10		7
15	Alison	Rutherford	01:56:13	6

### Women's results (chip times)

Position	First name	Surname	Race Time	League Pts
1	Gillian	Blee	01:34:59	20
2	Laura	Gray	01:35:43	19
3	Debbie	Martin-Consani	01:37:27	18
4	Martha	Lovatt	01:38:48	17
5	Chloe	McAdam	01:42:50	16
6	Linda	Lapp	01:46:49	15
7	Alison	Wood	01:47:23	14
8	Claire	Tippett	01:49:25	13
9	Aileen	Wilson	01:49:52	12
10	Kirsten	Mathew	01:53:24	11
11	Melanie	Carmichael	01:53:27	10
12	Alison	Rutherford	01:57:01	9
13	Isobel	Martin	02:00:07	8
14	Lindsay	Davidson	02:00:21	7
15	Lynette	Harkins	02:00:59	6

### Men's results (age-adjusted times)

Position	First name	Surname	Race Time	League Pts
1	Nicholas	Heaney	01:14:43	20
2	Simon	Sheridan	01:16:09	19
3	Ade	Kearns	01:18:08	18
4	Gavin	Harvie	01:19:25	17
5	Allan	Jenkins	01:19:57	16
6	Gavin	Hinde	01:20:00	15
7	Marco	Consani	01:20:12	14
8	Finlay	Finlay	01:20:37	13
9	Gary	McQueen	01:22:56	12
10	David	Hamill	01:23:53	11
11	David	Butterly	01:25:33	10
12	Mattia	Mancinelli	01:26:49	9
13	lain	McFarlane	01:27:05	8
14	David	Campbell	01:28:34	7
15	David	Carr	01:30:29	6
16	Peter	Scott	01:30:53	5
17	Duncan	Robertson	01:31:13	4
18	Mark	Thistlethwaite	01:31:38	3
19	Stephen	Craig	01:32:05	2
20	lain	Paterson	01:34:20	1
21	Alan	McIntosh	01:34:36	1
22	Paul	Coia	01:35:59	1
23	Kristan	Alexander	01:38:39	1
24	Craig	Brown	01:39:42	1
25	George	Innes	01:47:18	1
26	Mikey	Allan	01:49:55	1

### Men's results (chip times)

Position	First name	Surname	Race Time	League Pts
1	Nicholas	Heaney	01:19:55	20
2	Simon	Sheridan	01:21:27	19
3	Finlay	Finlay	01:22:24	18
4	Gary	McQueen	01:23:21	17
5	Gavin	Hinde	01:23:28	16
6	Marco	Consani	01:25:04	15
7	Mattia	Mancinelli	01:26:50	14
8	Gavin	Harvie	01:27:07	13
9	David	Campbell	01:28:35	12
10	lain	McFarlane	01:29:00	11
11	David	Butterly	01:30:00	10
12	David	Carr	01:31:34	9
13	Stephen	Craig	01:32:05	8
14	Mark	Thistlethwaite	01:32:44	7
15	Peter	Scott	01:33:27	6
16	Duncan	Robertson	01:33:48	5
17	Ade	Kearns	01:34:35	4
18	Alan	McIntosh	01:34:51	3
19	lain	Paterson	01:40:54	2
20	David	Hamill	01:43:29	1
21	Allan	Jenkins	01:43:36	1
22	Kristan	Alexander	01:43:47	1
23	Craig	Brown	01:48:26	1
24	Paul	Coia	01:49:00	1
25	Mikey	Allan	01:49:55	1
26	George	Innes	01:59:45	1

#### Winter League Rules

#### Rule 1: Male and female leagues and eligibility

The competition will have male and female leagues and will be open to all senior members of the club.

#### Rule 2: Number of races

There will be 9 races but 10 results in total in the competition. The data from the National XC Championships shall be used to produce two sets of results: one based on overall finishing times (scratch times) and one based on handicap position. The scratch positions shall be used to determine the overall winners of the Club XC championship.

#### **Rule 3: Points**

- (a) League points will be allocated on the basis of 20 points for first place down to 1 point for twentieth place (and all lower places)
- (b) In addition, runners will receive 1 point for competing in each race irrespective of their position in the race.
- (c) League points for the Balloch to Clydebank half marathon will be awarded based on age-adjusted times. Times will be calculated based on the competitors age on the day of the event and their chip time, using the WMA 2015 factors (<a href="http://www.howardgrubb.co.uk/athletics/wmalookup15.html">http://www.howardgrubb.co.uk/athletics/wmalookup15.html</a>).

#### Rule 4: Relay Races

In relay races points will be awarded based on the time achieved in the race. Performances in incomplete teams will count. In the event of a tie on times, runners with the same time will be awarded the same number of points.

#### Rule 5: League Tables

League tables shall show the points awarded for the best six performances calculated in accordance with Rule 3(a) and all points awarded in accordance with Rule 3(b). For example, a competitor running nine races shall get nine participation points plus the league points for their best six performances.

#### Rule 6: Race Results and Chip-timing

Only official race results will be used. Where chip-timing is used, League points will be based on chip-times rather than gun times.

#### Rule 7: Club Vests

No points will be awarded if a runner does not wear their club vest.

#### Rule 8: Competing for another Club

No points shall be awarded to a member in respect of a race where that member has competed for another club.

#### Rule 9: Running with Another Competitor's Race Number

No points shall be awarded to a member in respect of any race in which the member has raced with another competitor's race number.

#### Rule 10: Eligibility for Prizes

No prize will be awarded to a member whose 2018-19 subscriptions are not paid and up to date.

#### Rule 11: Prizes

Prizes shall be awarded for 1st (£50), 2nd (£30) and 3rd (£20) places in both Male and Female Leagues.

#### **Results and Corrections**

Interim scores shall be published as soon as possible after each race and are subject to change until the final day of the competition. Corrections should be emailed to kt\_m\_white@hotmail.com

#### **Fixtures**

Event	Date	Race	Information
1	Sunday 7	Neil McCover Half	https://www.entrycentral.com/mccoverhalf
	September	marathon	
2	Saturday 13	West District cross	Club entry, see team managers
	October	country relay	
3	Saturday 20	Dunbartonshire cross	Club entry, see team managers
	October	country relay	
4	Saturday 27	National cross country	Club entry, see team managers
	October	relay	-
5	Saturday 10	National short course	Club entry, see team managers
	November	cross country	
6	Saturday 24	Dunbartonshire cross	Club entry, see team managers
	November	country	
7	Saturday 8	West District cross	Club entry, see team managers
	December	country	
8	Saturday 23	National cross country	Club entry, see team managers
	February		
9	TBC	Balloch to Clydebank	TBC
		half marathon	